

Ode to the Gav: A Hummina Homily

By: Matt Nelsen



Mr. Gavel was a special person. He lived his life to the fullest and did his utmost to provide a good, protective, and welcoming environment for the students at Paraclete. He will be remembered for all the crazy stunts he pulled, and his wacky staff photographs. I had the privilege of having him as a teacher, and as a friend. Mr. Gavel's death has left a huge hole in the Paraclete family, but it is one that we should all commit to filling. Be a good person. Be like Gavel.

A Memorial Poem

By Matt Nelsen

"Children of God!, Humana!"
The voices of past shout.
The woes of day heavy the halls,
A Champions been slain.
The day grows darker, colder, longer,
The baskets lose their occupier,
The banner it's namesake.
The balls grow flatter,
The court more quiet.

Read the full poem in the religion section.

Seniors Celebrate School Tradition at Sunrise

By Mikayla Galaviz

The night before October 19, 2018, all 173 members of the senior class set their alarms to be at school by 6:45am to participate in the annual senior sunrise. The class of 2019 was at school before light touched the benches of senior lawn, and they enjoyed each other's company while eating Clete Cafe's famous breakfast burritos.

At around 7:02am, the golden hour arrived, and soon our spirits were lifted to take as many pictures as possible in this small amount of time. It was at this moment where things sparked to life. People were screaming and running across the lawn to their different friends they've built over the years, for this moment would only last once.

When asked to describe her experience, senior class president Inna Tagarino said, "Watching the sun rise that morning with my class not only symbolized a sense of unity and new beginnings for the whole class, but more importantly in my eyes, to the old friendships I was beginning to rekindle. This is what my senior year homecoming was about, and being one again with the family I could always come home to."

On the other side of the camera was senior Elijah Salazar, capturing special moments by the millisecond: "Seeing many of my classmates bond with each other and enjoying

each other's company brought joy to me. Wherever I go, I bring my camera with me, hoping to capture a moment that can turn into a memory. In all of those 400+ photos, there wasn't a single one where no one was smiling. Seeing my class like this, made me think of all the memories that we've shared together, it proves that each and every single one of us is going to rise in life."

Senior Azalea Dominguez viewed the sunrise as a time of reflection, stating "I was able to see that we are no longer the little freshman we were when we first arrived. We all have plans to move on from Paraclete, but I was able to see that the Paraclete family will always be one. Senior sunrise was a place where we were able to enjoy a beautiful view and share the last and few moments where we are able to emotionally connect with our classmates before we take off into our lives as young adults."

There was a feeling of inclusiveness when the sunlight hit everyone, making us feel warm both on the outside and the inside. The brightness wasn't only coming from the sun, but from the smile on everyone's faces. It truly was a time to live in the moment, to cherish these days of youth while time is running out, to forget about the stresses of college applications and AP classes, and to truly be happy with the people we grew beside

for the past four years.

On August 17, 2015, the class of 2019 had 1375 days together. In these days, we laughed, we cried, we screamed our class chant, we created unnecessary drama, we participated in mass and pep rallies, we pulled all-nighters for our classes, we grew into exceptional young men and women and made memories that will last forever. On October 19, 2018, the class of 2019 had 216 days left to do all of these things for the last time, together.



A group of friends strikes a pose.
Photo by Elijah Salazar



Senior Class shows their spirit by supporting each other in a group photo. Photo by Mrs. H



The crowd-favorite Tesla performs its routine during Field Day.
Photo by Destiny Camarillo.

Tesla-Tacular

By Destiny Camarillo

Field Day 2018 had an outstanding Car Show unmatched by previous years. Two Teslas sat side-by-side in attendance, one of them stealing the show with a dance.

Junior, Matthew Hong, brought the white Tesla pictured above. When asked who owned it, he responded that it was his parent's car. This futuristic vehicle impressed students and faculty alike with its synchronized light and music show, not to mention the flapping doors.

The logistics of this performance are rather specific. In order for the show to begin, the car must be completely empty of passengers with all doors closed. It is also required that six feet of space reaching from all sides of the vehicle be permitted before pressing the lock button on the key and viewing.

This Tesla was easily the most technologically and financially advanced vehicle to ever drive on Paraclete's campus.

Field Day Food Review

By Carly Sablan & Charlene Victoria

On Wednesday, October 17, Paraclete students attended the annual field day where clubs sold various delicious goodies and treats. Food "critics" Charlene Victoria and Carly Sablan explored the different club booths to get a taste from around the world.

Spanish Club

Spanish Club sold delicious chicken and beef tamales (2 for \$3) along with horchata for \$1.

Carly: The tamales were homemade and delicious. I would have bought all of their tamales if I had more money! It was a solid 5/5 stars.

Charlene: The meat was slightly dry, but the flavor was still good; I rate this 4/5 stars. I also got the horchata which had the right amount of sweetness. The texture was very smooth and the cinnamon was very subtle. Definitely 4/5 stars.

French Club

French Club sold baked goods such as cookies, brownies, and croissants.

Charlene: The cookies were slightly harder than expected, but the buttery flavor was very prominent. I rate this a 3.5/5 stars because I personally prefer my cookies to be soft and chewy. However, there was a very good amount of chocolate chips.

Carly: I agree with Charlene and said that the cookies were slightly hard. However, the brownies were delicious. The chocolate flavor was strongly present and it wasn't too hard or too soft.

Irish Club

The Irish Club sold the iconic Cletehouse Cafe french fries for \$1 and decorated their booth nicely with green paraphernalia and an Irish flag.

Carly: The french fries were a little soggy.

Charlene: I prefer softer french fries so the texture was nice. The seasoning was amazing but wasn't evenly distributed. They were definitely worth a dollar and I give it 3/5 stars.

Asian Pacific Islanders

The oh-so-popular Asian Pacific Islander booth, despite being at the edge of the



Food reviewers Carly Sablan & Charlene Victoria reporting on the offerings from the Asian Pacific Islanders' Club

booths, sported a long line extending onto senior lawn. The club offered thai tea with boba for \$4 (which sold out in nearly an hour), chicken adobo, white rice, and lumpia/egg rolls (the combo plate was \$5).

Carly: The thai tea wasn't too sweet, which I prefer; the boba was good, and the food was a little cold but still good.

Charlene: The egg rolls are a good size and have a good crunch, although a little dry but the sauce makes it even better. The rice was undercooked but the adobo's chicken was nicely cooked and had crispy skin; the soy sauce flavor wasn't too strong.

Spooky Season's Finest

By Giulianna Garcia

Here at Paraclete, dressing up for Halloween is taken very seriously by many students and faculty members, and, this year, many amazing costumes were on display throughout campus.

There were many different costume trends around Paraclete. Walking around getting from class to class and seeing all the inflatable dinosaur costumes was a lot like walking through Jurassic Park. While waiting in line for lunch, you would see the many different

pop culture icons such as Pickle Rick, Marshmello, Mario and Luigi, and Post Malone and get hit with the feeling of nostalgia. When passing through the quad to find a shady spot to study, you would've seen a massive group of people costumed in onesies: arguably the most comfortable of the halloween costumes. And once you had finally gotten to your classroom, you'd find the most clever costumes on your teachers, such as a Holy Guacamole Mrs. Johnston and a steampunk Science Department. Halloween is always so much

fun when those around you enjoy it too. Hopefully you all enjoyed the Halloween spirit and amazing spooky season around campus and in the community too!



Mrs. Johnston is the living embodiment of Holy Guacamoly. Photo by G. Garcia



A t-rex stalks the halls at Paraclete on Halloween. Photo by G. Garcia

Great Times at the Homecoming Rally

By Emily Fricke

On October 19, 2018, the Paraclete student body and staff gathered to celebrate the homecoming rally!

This year's homecoming rally included performances from the cheerleaders and dance team, getting to know the homecoming princesses, the introduction of the varsity football players, and the 30 seconds of fame contest, which is a school favorite!

The 30 seconds of fame contest is when students (and/or staff) show off their talents for 30 seconds in front of the whole school. Whoever gets the most applause, wins! When asked which 30 seconds of fame performance was her favorite, homecoming princess Taylor Richardson said "It was Henry. Our class is always talking about how great he is at rapping but I don't have classes with him

so I was never able to hear him rap before. His performance for sure blew me away and exceeded my expectations".

All in all, the 2018 homecoming rally was an amazing end to an amazing spirit week! Congratulations to Henry, the winner of the 30 seconds of fame contest!



The Paraclete Dance Team performs at an action-packed rally.

A Homecoming Night In Paris

By Brandon Gumayagay

On the night of October 20th, 2018, Paraclete High School students celebrated their annual homecoming dance.

This year, the dance's theme was "A Night In Paris," signified by decorations such as the model of the Eiffel Tower and eloquent French cobblestone walls set up by the hard working senior class. Around 8 PM, the start of the dance, it was a rather slow event. Kids

were still arriving and falling in line, while others anxiously awaited their friends and/or dates. After around thirty minutes had gone by, the dance really started to pick up.

During the song "Despacito," by Luis Fonsi, a group of brave souls migrated to the middle of the dance floor, formed a circle, and proceeded to do the infamous T-Pose. It was truly a sight to behold.

At Homecoming, students could bust moves on the dance floor, but also take breakers by the bleachers or the tables.

The spirits also had the opportunity to capture the mood of the night physically by going into the photo booth run by Mr. and Mrs. Hernandez. The lobby was filled with snacks and water to refuel the energetic dancers.

DJ Heartbeat played great songs, one of the most notable was "Baby Shark" song and "Dancing Queen", during which many seniors crowded around the Homecoming Queen Mikayla Galaviz to celebrate her crowning.

Overall, the Homecoming dance was an enjoyable dance that was a fitting finale to the hype that is Homecoming week. Even without a date, Homecoming is a great chance to make fond memories with friends, from taking spiffy outfit pics to cranking that Soulja Boy.



Couples arrive at Homecoming Dance. Photo by Leo Garcia.



Delicious treats await the dancers in the lobby. Photo by Mrs. Slothy.

Homecoming Court Q & A

By Kaylin Scoles

Paraclete High School's yearly Homecoming week wouldn't be complete without the lively and positive court leading the festivities. This year's court consisted of Mikayla Galaviz, Taylor Richardson, Keani Kalele, Jade Cox, and Makenzie Atkerson. The ladies enjoyed the annual pie eating contest, making of the rally video, walking down with their fathers in which they were presented at the homecoming football game, and growing friendships with one another. Mikayla Galaviz was declared as queen in the end of this homecoming but at the end of the day, all the ladies are seen as queens no matter who was awarded the title. I decided to have a Q&A with the court for Paraclete students to get to know them and this is what was said...

What was your reaction when you found out you were on the Homecoming court?

Mikayla: "I was completely shocked. People were telling me i was gonna get on the court but I never believed any of them, so hearing my name called was like woah!"

Taylor: "I was really excited when I found out that I was on the Homecoming court."

Keani: "I was happy and taken by surprise."

Jade: "I was honestly very shocked that I got on Homecoming Court but I was super grateful that my peers thought of me in such a positive way."

What did you like most about being on Homecoming court?

Mikayla: "Hanging out with the court throughout the week. They're all so sweet and supportive we really became close in

the short amount of time we had."

Taylor: "I liked bonding with the rest of the girls on the Homecoming court and getting my lunch paid for during the week."

Keani: "I liked being on court because it was the best way to spend my last homecoming at Paraclete."

Jade: "What I loved most about being on Homecoming Court was the opportunity to walk with my Dad at the football game, it meant so much to both of us."

What was your favorite part of Homecoming week?

Mikayla: "The pie eating contest/food fight was sooooo exciting I loved every second of it, even the clean up."

Taylor: "My favorite part of Homecoming week was the dress up days!"

Keani: "My favorite part of homecoming was the pie fight."

Jade: "My favorite part of Homecoming was dancing with my awesome team at the Homecoming Rally and the dance."

What is your favorite song to dance to?

Mikayla: "Dancing Queen and Mamma Mia. I lost my mind and having all my best friends surround me screaming the lyrics was such a high school cliché movie moment. That was a small once in a lifetime experience that I'll never forget."

Taylor:

Keani: "Favorite dance was 'Baby Shark, duh!'"

Jade: "My favorite song to dance too at the dance was definitely 'Despacito'!"

What is your favorite pie flavor?

Mikayla: "The lemon cake pie during the summer time at Marie Calendar's is so good it's literally cake and pie... together."

Taylor: "I actually don't like pie."



Mikayla Galaviz is crowned Homecoming Queen. Photo by Mrs. Hernandez

Keani: "Key lime."

Jade: "My favorite pie flavor is lemon meringue! Although, It tastes better when you actually eat it instead of getting it smashed in your face. A very good memory that i will cherish though!"

If any celebrity could ask you to homecoming, who would you go with?

Mikayla: "Tan France, Antoni Porowski, Jonathan Van Ness, Karamo Brown, and Bobby Berk. Not one of them, but all of them. It's what I deserve."

Taylor: "If any celebrity could ask me to Homecoming? I would love to go with Shawn Mendes."

Keani: "Ethan Cutkosky."

Jade: "I would go to Homecoming with Evan Peters, he's so dreamy!"



Above: Homecoming court food-fight during the Pie Eating Contest.

Left: The Homecoming Court
Photos By: Mrs. Hernandez



Car Show Review

By Meredith Watson

Paracletes annual car show for students, faculty, and members of the paraclete community gives everyone a chance to show off their cars on Senior lawn.

Many students look forward to bringing their cars or being able to walk around and look at others cars and learning about them. All types of different vehicles are showcased from older cars to newer cars. Students mainly contributed, showing off their priuses, volkswagen beetles, teslas, bmws, and more.

Parents were also allowed to bring vehicles to show off which a

few bought cars like a tesla and a maserati.

Some owners even left the hood up to be looked in to see the engine. An owner even decided to decorate their car with American flags around it to add some of their own personality to show off the car.

There's no prize for the car show, but overall the car show was a success from new people then those who have enter every year.



Cars take center stage on Senior lawn. Photo by Meredith Watson.

Movie Night

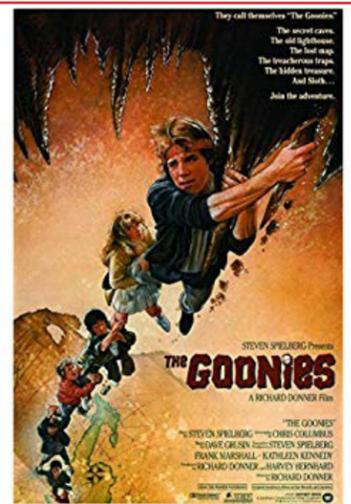
By Samantha Aranzazu

Movie night took place on Tuesday, October 16th, where Paraclete students gathered in the theater to watch *The Goonies*. Before entering the theater to get a seat there was candy, popcorn, and drinks being sold, so that the movie could be more enjoyable. Who doesn't like to eat popcorn during a

movie?

Many students weren't expecting this movie to be interesting because it is an older film. But the night was filled with laughs, screams, and silence as students watched the movie with excitement. At the end of the night students packed up their blankets and pillows and headed out while talking about the movie. Maya Yol was asked what her favorite part of

the movie was and she responded, "I really enjoyed the fighting scene where the kids stole all the gold. The movie was really funny and entertaining." Many people enjoyed the film, even though it was an older movie.



Man of La Mancha

By Natalia Castorena

Too much sanity may be madness! And maddest of all - to see life as it is and not as it should be!" The instilling message left on the audience's minds as the *Man of La Mancha* play came to a close. Spirit Theatre's latest show "Man of La Mancha", performed on November 2nd, 4th, 10th, and 11th, is a musical inspired by Miguel de Cervantes's 1615 novel *Don Quixote* which follows a crazed man, who believes he is a noble knight, and his loyal sidekick Sancho embarking on chivalrous adventures. The play is told from the perspective of the author Cervantes who tells the tale of Don Quixote to his fellow prisoners after being arrested by the Spanish Inquisition. This "play within a play" gives a message of hope and perseverance in a world that seems contrary to those values. Don Quixote represents this message by acting on what he believes to be noble deeds and seeing the goodness in everything.

Mr. Hernandez, who directed the play, says he was very impressed with the performance of the casts. *Man of La Mancha* has never been performed in Spirit Theatre: "Hardly ever been done in the Antelope Valley" Mr. Her-

nandez added, "but the message is a beautiful one."

Ella Decker, the actress who played Aldonza, the lady Don Quixote admires, details her experience playing this role. "I love the whole character" the actress who has acted in several Paraclete plays explains that Aldonza has this admirable "anger and emotion." Ella Decker delivered a stunning performance capturing the roughness that permeates from her character and showing her inner gentle nature when she is with Don Quixote. Ella concludes by saying her favorite moment in the play was in another showing when she came to a realization: "We have a spirit together like we're one family."

Lead actor Joseph Bender describes what he enjoyed about his character: "I love how no matter what he's always willing to do whatever it takes to take care of his lady." The first time actor in Spirit Theatre gave an outstanding performance that conjured up laughs from the audience playing the character of Don Quixote. He describes his favorite memory from rehearsing the play: "Okay so rehearsing I just remember the first two weeks



Cast and crew gather after curtain call. Photo by Natalia Castorena

after we got casted Michael and I went fishing and we didn't catch a single fish but we got our scene down. It was amazing."

The audience, which left sold out viewings for each show leaving members to sit on cushions on the floor, was entertained by not only the laughs but also the message *Man of La Mancha* conveys.

While the play has concluded its showtimes, *Man of La Mancha* reminds people to always continue on their own quests dreaming the impossible dream.

Congratulations to the Man of La Mancha cast and crew from the writers of The Paracletian. Your performances were Stellar!

October All-School Mass

By Rachel Guzzetti

Paraclete High School held its monthly all school mass on Tuesday October 23, 2018 to express their faith and celebrate the guardian angel initiative through traditional Catholic mass.

Mass was led by Fr. G and his homily was definitely one to remember. He focused on the guardian angel program and how guardian angels play an important role in our lives. The guardian angel initiative at Paraclete High School is a program in which participating seniors get paired up with freshman and act as their mentor for a year. The newest eucharistic minister opportunity

and the rest of the volunteer positions really helped students get involved during mass and in Christian ministry in general. Liturgy Choir sang and played beautifully especially Leilani Frailich who cantered for mass.

The Paraclete family looks forward to the next all school mass and is reminded that if they ever need a date, just use your guardian angels as "wing" men.



Photo by: Rachel Guzzetti
Annalee Matulac and Leonardo Garcia practicing for choir music at mass.

All Saints: An Emotional Mass

By Carley Hooten

On November 1, 2018 the students, faculty, and administration of Paraclete High School celebrated All Saints Day. All Saints Day is a day of remembering all of those who have become saints in the Catholic Church. These saints include those canonized recently, such as, Saint Teresa of Calcutta, and those centuries ago, such as Saint Anne who was canonized in the first century.

The Paraclete family attended mass to celebrate and remember these saints.

Because the solemnity of All Saints Day is the day before All Souls Day (Day of the Dead), students also celebrated by remembering their loved ones who have passed away. Many students brought flowers so that they could be put near the altar

in remembrance of their loved ones after their names were read aloud during mass by staff and students.

Ariel Wilson, a junior expressed that it is really important to her that she was able to celebrate her grandparents on her mom side since she never got to know them. This specific activity of remembering the loved ones of students and faculty who have passed away has been a tradition and holds much significance to the Paraclete family.

This mass was especially offered for a long-time member of the Paraclete family, Andy Gavel, who will be forever missed by everyone at here Paraclete.

An Open Letter to Father G., Paraclete's Guardian Angel

By Rachel Guzzetti

Dear Father G, thank you. Thank you so much for everything you do for the school. Paraclete High School is blessed to have you as a mentor, instructor, and faculty member. You have given up so much for the students and always have our best interest at heart.

You put so much time aside to lead the retreats and help the students grow in their faith. You inspire the Paraclete family every day with your dedication and hard work for the school and its members and we are forever grateful for it.

You have always been there to guide the students with advice and prayer. As a mentor, you help us with great patience and understanding and we are so lucky to have you to counsel and assist us.

Mia Huerta: Father G always guides us on our faith jour-

neys. His confidence has made me feel more confident, and he treats us all like family. It's really encouraging!

Giuliana Garcia: Father G is honestly such a great mentor to have around campus. He has been going through a lot this year but still helps with retreats. Presides over morning masses, and helps coach the boys' soccer team. He puts our needs as students ahead of his own on a daily basis and we are extremely grateful for that.

So, Father G, for all the retreats, advice, teaching, masses, the best pasta, soccer, lively anecdotes, and everything else you do for our community, thank you and we all hope you have a good day.

From,

Rachel Guzzetti on behalf of the Paraclete Family

Guardian Angels Among Us

By Maya Yol

On Wednesday October 23 during the all school mass, we were introduced to the freshmen and seniors participating in the Guardian Angel program for this school year. The Guardian Angel program is available for freshmen and seniors to sign up to be paired together. Once paired the couple will do various different activities such as having lunch together on senior lawn at least once a month and taking part in Guardian Angel dinners.

Starting high school is a scary and stressful time in many teenagers lives. Through this program these young students are able to get to know an upperclassmen. They will be able

to feel more at home at school by knowing a familiar face in the hallway and having an older sibling figure in their lives that they can rely on for various different things such as homework help, personal advice, or even just someone to hangout with.

For the seniors the Guardian Angel program gives them the opportunity to be somewhat of a guide for these freshmen. They are able to influence them to participate in things and lead them in the right direction by sharing past experiences with them. The Guardian Angel program is a great way to bind the upper and lower classmen in multiple different ways that can often times last for many years to come.

Is Cheerleading a Sport or an Activity?

Opinion by Leilani Frailich



Many have often stood on the sidelines at a game asking themselves: is cheerleading considered a sport or just an activity. Many people think that cheer is just an after school activity that supports the other teams, not to root for them. Other people believe that cheerleaders are athletes who have

high skills that compete in national competitions.

So the word sport is defined as a physical activity or an athletic game. This definition doesn't really give a clear answer on whether cheer is a sport or not. To experience the actual activity gives you more of a feel to know and determine whether it is a sport.

Carolyn Hibbert, a cheerleader for the past 3 years whole heartedly believes that cheerleading is a sport. "We are athletes, we lift girls in the air and hold them there" she says. "The team as a whole has a job to keep each other safe as well as perform to the best of our ability." "Just like dance we work our bodies as being flexible, and cheer is a sport combined with both gymnastics and dance."

Cheerleading is indeed a sport because as a team you must trust each other to continue with routines. Describing it as an activity would not explain enough to show how much it takes to be a cheerleader.

Football Comes Home!

By Cameron Turner

Friday, October 19, 2018, Paraclete High School school celebrated their homecoming game at AVC. The game had a good start, and we won 49-28. Jaylin Sargent, Henry Ikahihifo, and Xavier Ochoa-Rico made amazing touchdowns for the victory! Player Donovan Carter, a center, made the prediction that they would take the dub on Friday's game. Other than football, there were so many alumni at the game. They came to support their old school by supporting the current football team. It was a great opportunity to see how many people still support our school. Also, senior night for the cheerleaders, football players, and dance team happened to recognize the seniors and their hard work during the season. The homecoming court

was also presented at the game. Our homecoming princesses are Taylor Richardson, Mackenzie Atkerson, Jade Cox, and Keani Kalele. Our homecoming queen is Mikayla Galaviz. The student section was fun for some students but not for most. There was a security guard who made everyone sit down. There was a lot of people who moved to the upper levels of the bleachers so that they could do what they wanted without being yelled at. Even though it turned out to be a bust for the student section, a lot of students such as Randy Dakhil, Xavier Sensano, and Ricky Reyes made the night more fun with their upbeat music and positive energy. Overall, the football game turned out to be a success with a great victory to end the night.

Girls' Soccer off and Running!

By Heaven Garcia

Girls soccer kicks off their preseason game November 7 against Av High School at the Lancaster Soccer Complex and is ready to have a great season. They are ready to make history for girls soccer this year. Every home game for girls and boys soccer is always played at the Lancaster Soccer Complex and never at Paraclete High School. Not one game has taken place at Paraclete. This coming season the girls soccer team wants to change that tradition and make it a tradition to play at home. They want to make it possible to play right outside on the football field. They want easier access for the Paraclete family to come

out and support girls soccer. This upcoming season is going to be a great season with all the new faces that were added on this years varsity roster. The chemistry this year is outstanding says the three captains of the varsity squad. They want to make this year a year to remember for Paraclete soccer. The inspirational quote that the girls are going by this year is "A successful team beats with one heart." This quote is on the back of each girls practice shirts. They want to live and breath this quote on and off the field. Being one is a family and that is what Paraclete girls soccer is all about.

3V3 Basketball

By Ashtyn Pegula

It was a cold morning on October 17th, 2018. For Paraclete students this day was filled with school spirit and fun festivities. After the Spirit Startup ended the students were free to try out some of the club's activities or compete in some sports. One of these sports was basketball, students signed up for 3v3 basketball a week in advance, thus

allowing the teams of 3 to be established early. Once the day came to compete these teams of 3 made their way into the gym to warm up. Then the fun began, the game was to be clean and safe, with help of our referees (one being Mr. Landa), they were (safe) and everyone had a good time battling it out.

Girls' Basketball

By Adriana Orozco

Varsity and Junior varsity girls basketball games are starting very soon. These girls been practicing for very long time some since even summer break! The varistey team already had multiple scrimmages with junior varsity guys. The junior varsity's scrimmage is going to be on November 7, 2018 against Quartz Hill High School. The people at the varsity team are Skylit DurantSaul, Brooke Link, Malak Haddad, London Scott, Madelyn Cruz, Aspen Frey, Michelle Latu, Destiny Gonzalez, Destinee Mazariago, Yitzel Serna, Ryann Wyatt, and Hope Semeatu. In the JV team the members are Mic-

elly Lorenzo, Megan Dorghalli, Gabriella Linstrom, Clarisse Angeles, Adriana Orozco, Tahlia Backos, Mariam Haddad, Hope Semeatu, Grace Hannoun, Kaitlyn Cox, Madison Pulos, and Iney'ya Weems. Both teams been practicing every single day after school and sometimes in the morning. The first game for varsity is against Sultana at home at November 13. The junior varsity first game is a home game against Sultana at November 13 too. The season goes all the way to January. So come support Paraclete High School lady's basketball team. Go Spirts!

Riverdale is Back

By Alexis Zepeda

It's October which means Riverdale season is back! It's spooky season so what better way to spend it by binge watching Riverdale episodes. The first two seasons were a complete success leaving viewers wanting more. As the seasons progressed, we got to know the true characters of Veronica Lodge, Jughead Jones, Archie Andrews, Betty Cooper, and Cheryl Blossom. Our love or hatred has developed for each character in the show. Some have noticed that lots of love has gone to the talented Cole Sprouse. He plays Jughead Jones, who is a Southside Serpent trying to find his way through life. As the seasons progress, the

personalities of each characters comes to life and grows on us. Since the characters are in high school, we as high school students, could connect to the plot in some way. Whether it is just trying to find who you are or dealing with extra circulars, there is a connection. Season three aired October 10, 2018 and airs every Wednesday at 8pm on CW. Throughout the season new characters will be introduced such as Jughead's sister. Past relationships develop stronger and others fall apart. Not only will new characters be introduced, but the drama will increase through every episode leaving the viewers with sweaty palms and wanting more.

Night School

By Taylor Hoffman

The comedic dream team did it once again. Tiffany Haddish and Kevin Hart made yet another hilarious movie, which was first released in theaters on September 28, 2018. Night School is about Teddy Walker (Hart) trying to receive his high school diploma in order to apply and work for a higher paying job. His girlfriend who is a big-business woman who was very well off. In order to "impress her" he must attend night school with his teacher Carrie (Haddish), who did not take much liking to him at first, and get his diploma. This movie has you laughing almost every minute of it. The overall setting and theme of the story meshed very well together.

All of the other characters added their own personal touch to the movie as well. They brought in different backgrounds to help portray real life situations that do not always turn out normal. You can not forget the principal of the school who actually goes way back with Teddy when they were in high school and developed a hate for one another and ultimately became rivals. The principal, Stewart, made sure to try and ruin Teddy's opportunities and changes every time he could because he envied Teddy his whole life. Overall this movie is a 5/5 must see with friends or family. This is one movie you do not want to miss.

A Star is Born

By Allyson Alvarado

On October 5th, 2018 "A Star Is Born" was officially remade for the fourth time, beginning in 1937 with Frederic March and Janet Gaynor, leading to the 1954 remake with Judy Garland and James Mason, following in 1976 with Barbra Streisand and Kris Kristofferson, and ending in 2018 with Lady Gaga and Bradley Cooper. The 2018 version of the film was directed by Cooper who also portrayed Jackson Maine. Cooper wrote the film with Eric Roth and Will Fetters and even went as far as singing each track as well as playing the guitar. The film seems to be a story that never dies especially due to the refreshing take that Cooper offers, taking the film and turning it into a modern day tragic love story while still sticking to its

original roots. The revitalized film opens with Jackson Maine, standing before thousands of fans, getting ready to play an incredible set. As he begins to play the guitar, the electrifying feeling translates from the big screen to the audience. Such powerful moments can only be described as legendary and meaningful. This feeling of connection can also be ascribed to the character development provided. In fact, the reality of the scenes make "A Star Is Born" incredibly unique due to the fact that Cooper is, successfully, trying to set the film apart from others. "A Star Is Born" was projected to make around \$35 million by Warner Bros., but after the Friday-Sunday range officially made a \$42.6 million during its opening week.

First Man Review

By Ben Haering

Damien Chazelle, director of La La Land has created another tale of epic yet intimate proportions of the life of Neil Armstrong. The film follows Armstrong (Ryan Gosling) in his adult life from a test pilot to becoming the first man to set foot on the moon. Rounded out with another terrific performance of Armstrong's wife Janet (Claire Foy) and other supporting characters, First Man is able to keep its subject matter engaging in its dramatic moments. In more intense scenes, the shaky yet versatile method of cinematography and editing by Chazelle and his team creates a visceral experience a la Dunkirk's immersive war scenes. Justin Hurwitz, an Oscar-winning composer on other Chazelle films, brings a new sense of

intensity and jazz influences into the score. The final lunar landing sequence, filmed on IMAX cameras is a spectacle in and of itself, providing a totally immersive and breathtaking experience. One small step for a man, one heck of a giant leap in biographical filmmaking.

Venom

By Tyler Synegard

Venom is one of the first villains in the Marvel universe to get its own movie which just fell short of all the hype that was given to it by fans and many advertisements. Journalist Eddie Brock is trying to take down Carlton Drake, the notorious and brilliant founder of the Life Foundation. While investigating one of Drake's experiments, Eddie's body merges with the alien Venom -- leaving him with

superhuman strength and power. Like many critics I thought that Venom was just okay, sure it had its share of glory fight scenes and witty humor from both Venom and Eddie. The parasite, Venom, has a tendency to insult Eddie, who doesn't much care for Venom either. The movie itself probably should have been rated R because of just how glory some of its scenes were, and because

of the amount and scale of the profanity used within it. The movie seemed confused in what genre it should be in do to the characteristics of both a comedy movie and an action movie which would have been a good combination (like it was in Deadpool) but in this movie it just flopped. The movie's CGI (computer generated images) was not the best either it made

Venom (when not fussed with Eddie) look like a scary flubber imposter that likes to chomp off the heads of random people.

A Poem for Gavel

By Matt Nelsen

"Children of God!, Humana!"
The voices of past shout.
The woes of day heavy the halls,
A Champions been slain.
The day grows darker, colder, longer,
The baskets lose their occupier,
The banner it's namesake.
The balls grow flatter,
The court more quiet.
12:45 has dampened the mood.
A heart has stopped beating.
A room lies empty.
A school silent.
Families grieve, and Sprints wail.

A senior holds his grief.
Was this school not loved?
Were the children hated?
Did this man know love?
Should this man know love?
Was he ever loved?
12:50 the teacher begins instruction
The students crack jokes,
And yet, still, a flower blooms
A asphodel, hauntingly beautiful.
It's petals full of memories are gray,
the stem red, the roots gold.
It stands still as the world moves forward.
A beacon of light, a signal to all.

Celebrating Small Victories

By Matt Nelsen

The Spirits Cross Country team has persevered through another challenging, yet heart-pounding season. Paraclete's Girls Varsity team ran away with a 9th place win at the Clovis Invitational on October 6th and Boys Varsity took 21st Place. Star runner Angela Adelantar swept the competition coming in 12th Place and clocking in a time of 19:57 on the three mile long State meet course. Senior Thomas Rivera stole the show at Clovis bringing home a 12th place win with a time of 17:12. Top boys runner Tommy Cancio trailed behind Thomas taking 105th place with a split of 18:36. The teams season continued as they raced at Paramount

Ranch on October 9th. The ladies took 3rd Place. Junior Angela Adelantar once again raced to victory at the Mt. SAC Invitational on October 19th, dominating the course with a 3rd place finish and a time of 19:34. Thomas Rivera also crushed the Mt. SAC course finishing 12th with a time of 17:03. Tommy Cancio rounded off the invite on the boys side, completing a time of 18:26 for 45th Place. The Girls Varsity Team and our very own Thomas Rivera have now advanced to CIF Prelims beginning on November 10th. Good luck to those advancing and congrats on another memorable season 'Clete XC!

