



Core Values Paraclete Girls Soccer

TOUGH

- I. Let's begin with this, we don't whine. This **tough** individual can handle any situation and will never complain about anything on or off the field. *True joy in life is not based on our circumstances or surroundings that can cause habitual complaining. It's knowing that we were created with a purpose to make the world better and that the world does not revolve around us.*

DISCIPLINED

- II. The truly extraordinary do something every day. This person has incredible self-discipline and has a plan to do something to get better every day. Accountability to the team, commitment to time and strong self-discipline, performing even when coaches are not watching.

FOCUSED

- III. We want this to be a rich, valuable, deep and rewarding experience. This is the individual with focus and understands her priorities, to get a good education. She leads her life with proper balance and perspective towards her intellectual growth. She makes good choices to best represent herself, her team and her school.

RELENTLESS

- IV. We work hard. This individual embodies the "untiring human spirit" and never stops pushing herself. She is absolutely **relentless** in training and in the match. *The difference that separates the above average from the average and the great from the good is the determined and passionate heart that wills itself to work harder than everyone else*

RESILIENT

- V. We don't freak out over ridiculous issues or create crises where none should exist. The best example is someone who is steady and **resilient**.

POSITIVE

- VI. We choose to be positive. Nothing can depress or upset this powerful and **positive** life force – no mood swings, not even negative circumstances can affect this "rock". Embrace a teachable spirit and know that constructive criticism is in your best interest.

CLASSY

- VII. We treat everyone with respect. This is that **classy** teammate that goes out of her way to never separate herself from anyone or make anyone feel beneath her. *Class is the graceful way you treat someone even when they can do nothing for you.*

CARING

- VIII. We care about each other as teammates and as human beings. This is that non-judgmental, **caring** and inclusive friend that never says a negative thing about anyone and embraces everyone because of their humanity, with no elitist separation by academic class, social class, race, or religious preference.

NOBLE

- IX. When we don't play as much as we would like we are noble and still support the team and its mission. This remarkably **noble**, self-sacrificing, generous human being **always** places the team before herself.

SELFLESS

- X. We play for each other. This is the kind of player that works herself to death covering for all of her teammates in the toughest games. Her effort and care (her verbal encouragement) make her a pleasure to play with and her **selflessness** on and off the field helps everyone around her. We all have roles, embrace yours.

GALVANIZING

- XI. We are well led. This is the verbal leader on the field that is less concerned about her popularity and more concerned about holding everyone to their highest standards and driving her teammates to their potential. This person competes all the time and demands that everyone else do as well!

GRATEFUL

- XII. We want our lives (and not just in soccer) to be never ending growth, but for that to happen properly our fundamental attitude about life and our appreciation for it is critical. This is that humble, gracious high-achiever that is **grateful** for everything that she has been given in life, and has a contagious generosity and optimism that lights up a room just by walking into it.

