



# Paraclete *Spirits* 2016 Cross Country Schedule

(Latest revision: November 5, 2016)

Day	Date	Event	Location	Time
Saturday	Aug 27	Team & Family Outing	San Buenaventura State Park & Beach - Ventura	Departure time 6:30 AM
Saturday	Sept 3	XC Team Time Trials	Paraclete HS – On the Track	6:00 AM – Report 7:00 AM – Boys race 7:30 AM – Girls race
Friday	Sept 9	Seaside Invitational	San Buenaventura State Park & Beach – Ventura	Dismiss: 11:00 AM Bus: 11:00 AM
Saturday	Sept 24	Bell-Jeff Invitational	Griffith Park – Los Angeles	Bus departure: TBD Race Times: TBD
Wednesday	Sept 28	League Cluster Meet #1	Host Windward – Rancho Park/L.A.	Dismiss: TBD All boys: 4:45 PM All girls: 5:15 PM
Wednesday	Oct 5	League Cluster Meet #2	Host Viewpoint – Paramount Ranch – Agoura Hills	Dismiss: TBD Meet start: 4:00 PM
Saturday	Oct 8	Clovis Invitational (Varsity teams only)	Woodward Park - Fresno	11:30 AM D4 V Girls 11:55 AM D4 V Boys
Thursday	Oct 13	League Cluster Meet #3	Host: Paraclete – Lancaster	Dismiss: TBD Meet start: 4:00 PM
Friday	Oct 21	Mt SAC Invitational	Mt San Antonio College – Walnut	Race Times TBD
Wednesday	Oct 26	League Cluster Meet #4 (Optional)	Host Brentwood – Brentwood School	Dismiss: TBD Meet start: 4:00 PM
Wednesday	Nov 2	League Finals	Host Viewpoint – Paramount Ranch – Agoura Hills	Meet start: 3:00 PM
Friday	Nov 11	CIF SS Prelims	Riverside City College Cross Country Course	7:00 AM – Depart PHS Parking Lot 11:32 AM – GV, Division 4, Heat 1
Saturday	Nov 19	CIF SS Finals	Location TBD	Race Times TBD
Saturday	Nov 26	CIF State Finals	Woodward Park – Fresno	Race Times TBD

Principal: John Anson  
 Athletic Director: Margaret Neill  
 Head Coach: Andy Helme  
 Assistant Coach: Kaitlin Huerta