

*Paraclete High School's*

# The Paracletian

March 27, 2020

## We're Back!



### **A Happy Announcement from the Paracletian Staff**

Hello fellow Spirits! As the journalism class, we have decided to bring to you all a weekly newsletter to keep everyone informed about our Paraclete family and local events. You can expect updates and summaries of athletic seasons, news on clubs from this year, campus ministry news, entertainment news, and much more to come.

Because we all have had so much free time lately, we are also really excited to also be hosting a Quarantine Creativity Display in which Paraclete artists can send in artwork, poems, short stories, etc. to our email [cletenews@avphs.net](mailto:cletenews@avphs.net); a few will be shown each week here in the newsletter (anonymity is optional).

We look forward to updating you in these upcoming weeks. Feel free to reach out with any comments!



## Paraclete's FTC Robotics 2019/20

By Rachel Guzzetti

Paraclete High School has two robotics teams participating in First Tech Challenge (FTC), and their season has been that of many successes! Team 9836 Techno-Wizards was first in the state of California through qualifying matches and their sister team, 5380 Statistic Magicians, won the highest award, the Inspire Award, which is given to the team that most exemplifies the mission of the FTC: teamwork, leadership, and professionalism. At regionals, both teams were in finalist alliances and although not moving onto world's, they are incredibly proud and accomplished for going so far in the competition. When asking team captains Marc Haddad and Amber Hartenstein about robotics, this is what they had to say:

- What is your favorite part about robotics and this year's season?
  - Marc: My favorite part of being on the robotics team is interacting with my team every practice. I enjoy constructing and communicating things with my teammates to accomplish goals.
  - Amber: That's a little hard; there were so many!
- What do you think it takes to be on the robotics team and who should try out/interview for the team?
  - Marc: Anyone can join robotics; however, those with a creative mind might enjoy it more. Programming and building are two different skill sets as well.
  - Amber: Students should try out for robotics if they can work hard, work with other people, and are interested in STEM.

Sadly due to the coronavirus school-wide shut down, all outreach projects and events have been cancelled along with regular practices. If anything changes, a notice will come to members. Also, the main mentor and head of the math department, Mrs. Erickson has introduced a new engineering class (counting as a science course) starting next year! See her and your counselors for more information.

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## College Board AP Exam Updates

By: Michael Garcia

The recent infectious disease known as COVID-19 has caused widespread panic and is the reason for the mass closure of schools and the ending of leisure activities. Aside from stopping gatherings in public and hindering people's everyday activities, this new coronavirus has made very large changes to the College board's AP testing scheduled for May. The College Board made a statement regarding this change on many of their various social media accounts. The official statement by The College Board is that testing will still happen in May, but if you prefer a refund of your money instead of a test due to the circumstances at hand, they will gladly hand you your money back. The College Board took a survey using a large number of students and decided that since 93% of students still wanted a testing date, as opposed to a cancelling of the test, they would still give the students a chance to acquire their hard earned college credit. The test will be changed accordingly to account for the new setting in which the test will occur. The changes made to the test are listed on the College Board website if you have any uncertainties.

Link: [Click here to see updates posted by College Board](#)

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## Supernatural

By: Hannah Vento

During quarantine I've been keeping busy by bingeing a 15 season show called Supernatural. Supernatural is a Sci-Fi show based in modern day America that follows the thrilling lives of Sam and Dean Winchester as they save the world from all things that go bump in the night. This dark fantasy TV series was created by Eric Kripke and was first broadcasted on September 13, 2005 and new episodes air every other Tuesday.

At an early age Sam and Dean's mother died, leaving their revenge ridden father to take care of them. Their father raised them as soldiers, more commonly known as hunters, who track and kill dangerous supernatural creatures. These brothers tackle every monster in the book, from ghosts to demons, leviathans to the devil himself. As their frightening adventure continues, family and friends betray the brothers, get killed, or even go crazy and the Winchesters find that they only have each other to rely on when taking down these monsters.

Unfortunately, after 14 seasons of kicking butt, the 15th season is the last we'll see of Sam and Dean. The 15th season has gone above and beyond the standard line; the episodes for the 15th season are still airing and the 14 other seasons are on Netflix. So if you're looking for a show to watch while we're being quarantined, Supernatural is my top recommendation.

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## Things To Do Virtually

By: Samantha Hottya

Are you bored at home? There are plenty of things that you can do virtually to pass the time. One of the things you can do is take a virtual tour of the Winchester Mystery House [here](#), the tour is open through April 7, 2020. The Winchester Mystery House is located in San Jose and is 24,000 square feet. It has 161 rooms and the virtual tour is 45 minutes. You can also get a free 90 day library card [here](#). With the library card, you have access to all of the Library's digital offerings, including eBooks, audiobooks, magazines, movies, TV, homework help, online classes, and more. After you get your library card and PIN, then you can access free digital content at the library's website under the **digital library** tab [here](#). Have you ever wanted to see the Vatican but can't go? View a tour of the Vatican [here](#) and see what the Sistine Chapel looks like. You can also virtually visit museums, Disneyworld, national parks, and more. Remember to keep practicing social distancing and stay healthy.

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## Quarantine Bucket List

By Maria Tagarino and Kiiiana Hilario

Ever since the outbreak of coronavirus, many precautions have been taken. These enforcements have drastically changed our lives, especially the widely encouraged quarantine at home. This quarantine helps protect the public by preventing exposure to those who may have a contagious disease.

You may think there isn't much to do in your house during this long period of quarantine, but look on the bright side! Don't think of this time as a period of isolation, but as a time for you to grow, reflect, and improve upon yourself. Oftentimes, we get caught up in the pressure of juggling our academics with our social life. Take this time to step back from the chaos and find ways to change the old vices you previously had, and work to become a better version of yourself.

It may become very easy to get bored within your house. It's never fun to just switch through the same four apps, waiting for a notification for hours on end. So we decided to come up with a list of things you can do in this quarantine that may help you to glow-up, improve, or simply end your boredom!

1. Try a new exercise routine
2. Cook a new dish
3. Start a new show
4. Recycle/upcycle clothes
5. Learn an instrument
6. Have a concert in your room
7. Make whipped coffee
8. Learn a dance
9. Scrapbook or make collages
10. Reorganize/renovate your room
11. Clean out your closet
12. Grow plants
13. Self care!
14. Embroider your clothes
15. Build a fort
16. Have a picnic in your backyard
17. Play with your pets
18. Read a book
19. Do your makeup
20. Learn sign language
21. Make playlists for your friends
22. Learn to skateboard
23. Watch a new movie every day
24. Learn to juggle
25. Paint your jeans
26. Learn to speak a new language



Sophomore Janina Torres has been working on learning new ukulele songs during the quarantine.



Senior Asal Esteghlal is working out and boxing! This is a healthy, beneficial way to exert your energy.

## ASB Unites!



By: Julianna Garcia

As a result of the recent quarantine, ASB has been working extra hard to make sure the student body still feels united by keeping the Paraclete Spirit alive. Their Instagram page, <https://instagram.com/asbparaclete?igshid=3szkf7qfdk94>, has been uploading daily challenges, featuring Lori as the host and the ASB as examples, for everyone to participate in. By direct messaging a post to the ASB Instagram page, you can earn a point for your class; if you are wearing any sort of spirit wear, you gain two points. At the end of the challenges, there will be a prize upon our return back to school for the class who earns the most points. So far the challenges have been incredibly successful in bringing everyone together to share what they have been enjoying during this break. Some of the most popular challenges included at home footwear, study buddies/pets, and favorite Paraclete memories. Thank you to ASB and Mrs. Hernandez for working to keep us connected! Go Spirits!