

PHSpirit

FALL 2017



A PUBLICATION FOR
THE COMMUNITY OF
PARACLETE HIGH SCHOOL

The Catholic High School of the Antelope Valley



PHSpirit

SPRING 2017

PHSpirit is published biannually by the Office of Institutional Advancement at Paraclete High School for alumni, students, parents, grandparents, and friends.

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On the Cover:
2017 Baccalaureate Mass at
St. Mary's Catholic Church

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Meet the Class of 2017 - *The Dream Team!*



Opinions matter - words from the '17 grads . . .

What I like about Paraclete . . .

Marc Gordon "Paraclete gave me a place for me to make myself a better person."

Zackary Nelson "The balance between rigorous classes and creative space."

Faith Jones "The thing I liked best was how easy it is to get involved."

Sayra Acosta "I don't think I would have this close of friends anywhere else."

Kyle Benson "Paraclete encourages you to go out and do extra things outside of the classroom."

Caitlin Zuchowski "We're all a big family."

Emmanuel Berumen "The enthusiasm."

Felicia Cruz "The small tight-knit environment and campus ministry."

Matthew Fonseca "My friends and class. Every single person is stunning."

KJ Latu "The people I've made unbreakable bonds with."

Makayla Maish "Overall family vibe/feel, tight-knit classes."

Colin Williams "The small size and sense of community."

"The spirit of the school and everyone inside the school will always be in my heart."

Jacob Jablonski

How does performing Christian Service help you be a better person?

Darby Alva "Helps me realize how fortunate I am and how much I need to help others."

Nicholas Arrieta "I make God smile when I help others."

Amber Brandmeyer "It opens your eyes to the less fortunate."

John Ciufu "Christian service has changed my outlook on life."

Elizabeth Kedrowski "It taught me morals and let me meet great people."



Matthew MacKay “It can let you meet more types of people, and it allow you to connect with them...even using God's grace to aid them.”

Marc Metellus “Christian Service taught me that there are problems in this world that are bigger and more important than mine.”

Samantha Rafeedie “Helping others makes my heart happy...”

Amiya Thompson-Jerro “You don't always have to do good things and want something in return.”

Zining Xu “Teaches me that helping others is helping ourselves.”



Advice to future self . . .

Jesus Davila “Don't be lazy. Utilize your 24 hours.”

Ciana Fry “Patience...just enjoy the ride.”

Kassidy Trumbo “You do you. You got this!”

Diego Serna “Always stretch.”

Natalie Gaharan “Stay strong in faith and keep believing in myself.”

Ryan Gilmer “Be really good at whatever you do and have lots of fun while doing it.”

Wyatt Hendrie “Be determined and you will do great.”

James McCafferty “Commit and don't stop improving!”

Nick Patrizio “Chase money, not girls.”

Rebecca Peram “Stay strong for God and your family.”

Gustavo Camacho “Gus, you got this – senior you has faith in you.”

Aaron Roose “Don't let anyone tell you that you can't do something.”

Fernie Lagos-Salvatierra “Seek God first; all other things will come to you!”

If you could pick any teacher or coach to have lunch with, who would it be?

Cole Turner “Mr. Miller is a very smart and interesting man that I can talk to about social issues and also laugh with.”

Stephen Ewart “Father Jey. I want to ask him to officiate my wedding.”

Christian Hidalgo “Ms. Davis. She is incredibly smart and I wouldn't mind listening to her story.”

Jillian Poonoosamy “Mr. Fulmer because I want to get him to talk more than 10 words to me.”

Stephen Vanegas “Mr. Sadeghi because he makes math fun, and made the class enjoyable.”

Madeline Shaver “Mrs. Seidel or Mrs. Bandziulis because each of them have so much compassion and love for what they do, and also the two of the most amazing people to be around.”

Jonathan Scarf “Mr. Ladensack because he is interesting and would have so much to say.”

Edward Worley “Coach Fulmer...might be a quiet lunch, but I would learn a few things when he does talk.”

Christian Sabile “Mrs. Erickson as she has been an inspirational influence on what I want to do in engineering.”



Your Paraclete experience in 5 words . . .

"It was great...I love it!"
Anna Guillermo

"Windy, desert, lovely, sports, holidays."
Tai (Pete) Huang

"Fun, eye-opening, good learning experience."
Kaelan Jackson

"Long, stressful, nice, worth it."
Talar LaSalle

"Best years of my life."
Ryan Leitner

**"Stressful, life-changing, joyful,
spiritual, strengthening."**
Michael Loria

"Long, rewarding, exciting, interesting, diverse."
Jack Ringelberg

"Best experience I've ever had."
Candace Zuchowski



Now that Relay Team Can Really Fly!



Zach Nelson, Branden Smith, Spirit-enriched pilot - Mike Johnson, Allunzoe Jones, and Bobby Brown

with just minutes to spare to join their class's graduation. Delaying his family vacation a day for this spirited flight, Mr. Johnson said if the need is local and involves kids, he likes to help. The 2017 graduates, relatives, and friends attending the graduation all cheered when the boys arrived at The Hangar, home of PHS graduations, to join their classmates in their academic and spiritual leap into adulthood.

On June 2, 2017, the Spirits soared in more than one way. With a CIF State Meet 4 x 100 meter relay race scheduled for 5:15 PM – in Clovis, California and graduation beginning at 6:00 PM – in Lancaster, the chance for the Paraclete boys' relay team to attend their graduation seemed unlikely. The team, comprised of Bobby Brown II, Allunzoe Jones, Zack Nelson, and Branden Smith decided they would do both somehow...some way. With his generosity and flying prowess, Mike Johnson of Antelope Valley Ford Lincoln, flew the team from Clovis to Fox Field in Lancaster,



The team from left: Bobby Brown II, Branden Smith, Allunzoe Jones, and Zach Nelson

A Golden Jubilee Graduation Celebration!

Fifty years separate the **2017** graduation of Kassidy Trumbo and her grandmother **Charmaine Routhier Anderson**. Mrs. Anderson was part of Paraclete's first graduation class in **1967**. The **Routhier/Anderson/Trumbo** families are a proud three generation Paraclete Family, along with Kassidy's mother, **Danielle Anderson Trumbo** from the class of **1990**, and **Kylee** from the class of **2015**. Kassidy chose Fort Lewis College to continue her education with a softball scholarship. *Go Kassidy!*



From left: Kylee '15, Kassidy '17, mother Danielle '90 and Charmaine '67

Celebrations!

Send us your news of Engagements, Weddings, Births, Adoptions, and Graduations!



Mrs. Dana (Centeno) Johnston, (teacher, dean, and from the class of 1992), and her husband Joe welcomed their son Everett earlier this year. All of God's grace, in one tiny face!

Faculty and Staff News

We welcome our new teachers! Monique Dominguez, Trey Francis, Nora King, **Richard McWilliams** (class of 2011), Aimee Pierson, Tracey Hill, and **Stephen Pincetich** (class of 2011).



In Memoriam

"Then I heard a voice from heaven say, 'Write this: Blessed are the dead who die in the Lord from now on.' 'Yes,' says the Spirit, 'they will rest from their labor, for their deeds will follow them.'" Revelation 14:13

Robert Aguirre, Class of 1982, passed away on September 19, 2016

Linda Jackson Holcomb Jackson, Class of 1977, passed away June 15, 2017

Monsignor Douglas Saunders, associate-principal 1973-1974, and principal 1974 – 1980, passed away on March 17, 2017.

Brooke Adams Melville, Class of 1992, passed away on July 23, 2017.

Paula Kuhle, a 1977 classmate, passed away in February 2009.

Chris Resa, Class of 1978, passed away on August 6, 2017

Sports Scholarships for 2017 grads

Look for these scholar athletes as they continue to play at the next level:

Kassidy Trumbo – softball – *Fort Lewis College*
Miranda Ruiz – soccer – *Ottawa University Arizona*
Rylee Maston – softball – *Arizona State*
Amber Brandmeyer – softball – *Otero Junior College*
Aaron Roose – baseball - *San Jose State*
Branden Smith – football – *University of California, Berkeley*
Hanna Nason, - track & field, and cross country - *Hawaii Pacific*

Aaron Cooper – football – *Cal Poly San Luis Obispo*
Zach Nelson – track - *Westmont College*
Javahn Devers – baseball – *Morehouse College*
Stephen Ewart – fencing - *University of Notre Dame*
Jacob Jablonski – baseball – *Arkansas State*
Myamie Thompson – softball - *Texas Tech*

“It's an honor to continue my education, and be offered a baseball scholarship at an institution as prestigious as Morehouse. I can honestly say that I feel prepared for this next step in my life, and my time at Paraclete has contributed to that in many ways.” Javahn Devers, Class of 2017



David Metzgar signs with Yankees

Hustle, Hit, Never Quit

After his 2013 Paraclete graduation, David Metzgar shined at Cal State University Bakersfield by becoming the CSUB recorder-holder in five different offensive categories. He was a two-time All-Western Athletic Conference first team selection, and was the 2015 WAC Tournament MVP. Now David is part of the *New York Yankees* organization after signing a free-agent deal in July. We wish David the best as he swings for his dream!



Speaking of Limitless Possibilities

Guest speaker, Larry Murnane from the class of 1978, spoke to the seniors on the ways to achieve your goals. He gave the students specific actions they can take to be, have, do, and accomplish anything. The well-received speaker held an informal Q & A with students following the presentation. Every senior received his book, *Limitless*. His message to “choose happiness and live a purposeful life” is simple and attainable.

If you think you have a message to share with our seniors to help with career direction and guidance, contact Janet Bower at JBower@ParacleteHS.org or (661) 943-3255 ext. 111.

Homecoming 2017

Spirit Football Legacy Night

Friday, October 13, 2017

Paraclete vs. Viewpoint

7 PM at A.V. College

***An evening of great memories of PHS Football
with the joy of knowing more are to come!***

- ★ Celebrate the 50th Anniversary of Paraclete's first CIF Championship in **1967!**
- ★ Celebrate the 20th Anniversary of Paraclete's **1997 CIF Championship** – which began the five year reign of football terror – 5 consecutive championships!
1997, 1998, 1999, 2000, 2001!
- ★ Celebrate the **2016 State Championship** – the first ever in the Antelope Valley!
- ★ Celebrate the thrill of the **2008** and **2010 CIF Championships!**

And we celebrate ALL of the memories and hard work in between.

**A donation to Paraclete's Annual Fund of \$20.00 or more secures
you a ticket for the Homecoming Half-time Raffle.**

Prizes include DISNEYLAND tickets, and YETI cooler products.

Give today or at the game before halftime

**After the game, join us at Paraclete in the St. Joseph Building
to continue the fun and reminiscing.**

Light refreshments and spirits will be served.



**RSVP to Janet Bower at
JBower@ParacleteHS.org or
(661) 943-3255 ext.111.**



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Includes:

- Four Tickets to see Tracy Lawrence in concert on October 29, 2017.
- Entry of foursome in tournament
- Full-page ad in program
- One Green and Tee sponsorship
- Deluxe banner ad displayed at tournament

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PARACLETE "Country Classic"

**GOLF
TOURNAMENT**

**FRIDAY OCT
27**

CONCERT

**SUNDAY OCT
29**



**Antelope Valley Country Club
Four-Person Scramble**

10:30 | Registration and Putting Contest
12:00 | Shotgun Start

Registration Deadline October 1
Only \$150 per person

TRACY LAWRENCE
Lancaster Performing Arts Center

WWW.LPAC.ORG/CALENDAR

TIME: 3PM

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☐ Check enclosed for: \$_____ ☐ Invoice our company: _____

Authorized Signature: _____

Principal Thoughts



Dear Paraclete Family,

As principal of Paraclete High School, I appreciate the commitment shown each year by many who value the mission of our school. For over 50 years, Paraclete has served many young men and women, helped guide and inspire them with the knowledge to succeed in life today. Our alumni credit their individual successes to Paraclete, and they fondly reminisce about their days at PHS, the teachers, the staff, the activities, and what they learned while on our campus.

The SPIRIT of Paraclete High School is witnessed in our current and past students who embrace the values and greatly contribute in the communities in which they live. I ask for your support to continue to raise the resources necessary to sustain our mission in a meaningful way. We are so grateful for our alumni, families, friends, business community, and foundations who invest in our students.

Your support ensures that the current programs and offerings of Paraclete High School continue.

You can make a difference.

Yours in the Spirit,

John Anson

Principal

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Shop AmazonSmile

at <https://smile.amazon.com/> via a browser page, and select Paraclete High School as your charity - give painlessly when you shop - you get the same prices as you do normally on Amazon.

Be an active part of the Paraclete Family!
Even a small contribution is significant in the fulfillment of our mission.

Spirit Wish List

We're dreaming of . . .

- Digital marquee for the front of the school
- Laptops for our CyberPatriot Team
- Flag with the Paraclete Crest to display at graduation and other events
- Phase II of our building campaign - our own sports complex
- Or give an unrestricted gift for the mission of Paraclete High School



Donate to the annual fund and win!

Every person who donates at least \$20.00 to our Annual Fund from April 1st to just before halftime at the Homecoming Football Game on Friday, October 13, 2017 will have opportunities to win tickets to **Disneyland!** and **YETI** cooler products. The winners will be selected during halftime and need not be present.

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Donate here: www.paracletehs.org/giving

Thank you for helping us meet our students' needs. There are two easy ways to support Paraclete:



Donate online: www.paracletehs.org/giving or



Mail in this form.

Yes! I support Paraclete High School

Check enclosed for gift amount of: _____

Please charge my gift of \$ _____ to my Visa MC AMEX or Discover

Card Number: _____

Expiration Date: _____ / _____ Security Code: _____

Signature: _____

Name: _____

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☐

My employer has a Matching Gift Plan - forms enclosed.

I would like to make this gift in memory/honor or _____

Contribution Levels

_____ \$10,000

_____ \$5,000

_____ \$1,000

_____ \$500

_____ \$250

_____ \$100

_____ \$50

_____ \$25

_____ \$ Other

Questions? Email: vnovelli@paracletehs.org Phone: 661-943-3255 x128 or x111

2016-2017 Donors

In reports of this nature, mistakes are unavoidable. If your gift was omitted or missed, please accept our apologies. If you notice an error, please notify the Advancement Office at (661) 943-3255 ext. 128.

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 Dr. Christopher Lanski '01
 Mr. & Mrs. Les and Martha Lathrop '67, '89, '93
 Siteina and Ana Latu
 Cheryl and Michael Lawless
 Ms. Alicia Lawson
 Lazy T Ranch
 Bernabe and Martha Leandro
 Learn 4 Life
 Ms. Francine Lee
 Ms. Susan Leja
 Mr. Brandon Leonard
 Mitzi and Page Lewis
 Mr. Joshua Lewis '13
 James Lewis II
 Frank and Sarah Lightbourn

Ms. Diane Link
 Lockheed Martin FIRST Program
 Ms. Terri Lockwood '70
 Logix Smarter Banking - Dom Burnias
 Greg and Irene Lopez
 Mr. & Mrs. Edmund and Angela Loria '08, '11, '17
 Ms. Donna Lormand
 Brian and Rosario Ludicke
 Wilmer and Lawrence Lusk
 Brian and Sara Lutz '92
 Mr. and Mrs. Andy and Annette Lynch '81 & '82
 Tom and Kitty Lynch
 Ms. Toni Lynch
 Mr. Craig Lynde '94
 Ms. Muriel Machin '77
 Magic Mountain
 Sean and Susan Mahoney
 Ben and Elisa (Bower) Maish '95
 Braydon Maish '12
 Makayla Maish '17
 Mr. Frank Manzano
 S.J. and M.A.S. Marianayagam
 Ms. Virginia Marquez
 Mr. and Mrs. Thomas and Kathleen Marriott '67
 Ms. Rebecca Marriott '97
 Brenda and David Martin
 Harold and Wanda Martin
 Brian Martin
 Leticia and David Martinez
 Peter and Patricia Martini
 Mr. Henry Marvin
 Mr. Stephen Marvin
 Ms. Sonia Masferrer
 Eugene and Margaret Mathews
 Mr. & Mrs. Gene and Catherine Matranga '73
 Mr. Arthuro Matulac
 Christopher and Debra Matusiak '73
 Mr. & Mrs. Larry and Bonney Mazzola
 Ms. Patricia McClain, C & M Overhead Doors '82
 Ms. Laurel McCrary
 McCray Dermatology
 C. McDonald
 Ms. Margaret McDonald '74
 McDonald's
 McDonald's - Laddaran Management Corp
 Susan and Don McDonough '73
 Dr. Susan McDougal (Titter) '73
 Mr. & Mrs. Richard and Suzanne McGuire
 Mrs. Nancy McGuire
 Mr. & Mrs. Morgan and Rachel (Tellez) McGuire '00, '99
 McIntosh Equipment Sales
 Mr. Matthew McMahon
 Mrs. Mary Louise McMurtry
 McMurtry Family '86, '88, '91, '95, '97, '00, '02
 Laura and Cordy Medina
 Ms. Annette Mercer
 Carla and Christopher Mettrick
 Mr. and Mrs. Alfred and Dorothy Miller
 Keith and Sandy Miller
 Mr. Mike Miller '87
 Mr. Mark Miller '91
 Keith and Karen Miller '80
 Mission Linen - Greg Newell
 Ms. Suzanne Montoya-Colburn
 Ms. Sharon Morano
 Mr. Stephen Moreland '73
 Mr. John Moro

Mulligan Family Fun Center
 Ms. Jennifer Murad '96
 Mr. Larry Murnane '78
 Mr. Robert Murphy '78
 Mr. & Mrs. Robert and Deidre Murphy '87, '12, '15
 Ms. Amanda Murray
 Mr. & Mrs. William and Penny Mustard
 Ms. Margaret Neill '73
 Ms. Marsha Neill '70
 Ms. Brenda Neilson
 Lt. Col. Ron Neilson '76
 Mary and Arthur Neumann
 Jenny Ngo & Fred Tieu
 SMSGT & Mrs. William Nichter, USAF RET
 Mrs. Nadine Nichter-Seidel
 Ronald and Zoraida Nielsen
 Ms. Virginia Nightingale
 Ms. Valerie Noel, Noel Medical Billing
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 Mr. & Mrs. Mark Norris
 Northrop Grumman Corp. Charity Trust
 Deanna and William Norton
 Ms. Rachel Norton '95
 Mr. and Mrs. James and Elizabeth Nottoli '81
 Mr. & Mrs. John and Haydee Nottoli
 Ms. Laura Nottoli '78
 Ms. Krista Novelli '11
 Mr. & Mrs. Mark and Vicki Novelli
 Ms. Donilia Nunez
 Mr. Jim Nyholt, A.V. Animal Hospital
 Khaled and Mirvat Obeid
 Mr. Rudy Ochoa
 Janis and Darrell Odum
 Okinawa-Te Karate Organization
 Shelley and Gene Olivas
 Olive Garden
 Mr. Richard Olmstead
 Tony and Bobbie Olsen '77
 Mr. Kurt O'Polka
 Ms. Lourdes Opperman
 OPSEC SPECIALIZED PROTECTION
 Anthony Cheval
 Marcario and Susan Ortega
 Mr. Ramon Ortega
 Kevin O'Toole '76
 Pacific Oasis Medi-Spa
 Paint A Dream
 Constance and Richard Pakes
 Knights of Columbus Palmdale
 Palmdale Trophy
 Papa Johns
 Paramount Pictures
 Anthony and Shelley Patrizio
 Ms. Ana Pelayo
 Ms. Margarita Pereira
 Rene and Perla Perez
 Perkies
 Mr. & Mrs. Mike and Nianna Peters '11, '15
 Mr. Jerry Pierce
 Mr. and Mrs. Lance and Beth Pierson
 Mr. Lloyd "Buddy" and Terry Podorski '04, '11
 Mr. & Mrs. Gary and Jean Poole
 Ms. Elizabeth Poonoosamy
 Ms. Trudy Powell
 Mr. & Mrs. Clifford and Rita Priestley
 Mr. William Prinz

Mr. Daniel Proctor
 Ms. Rosalie Pulliam
 Mr. George Pulos
 Ms. Lourdes Quinto
 Ms. Katie Radford '07
 Mr. & Mrs. Rick Ragazzo
 Rally Auto Group, Inc.
 Rally Communications Company
 Mr. and Mrs. Bill and Pam Rawlings '68
 Re/Max All-Pro Helen Gordon
 Re/Max All-Pro Mary Kornock
 Michael & Susan Reardon
 Red Lobster
 Roger and Regina Reese
 Ms. Mary Pat Reilly '71
 Patricia and Darrell Rhoden
 Ms. Deborah Rice
 Richard Cato Insurance
 Paul and Carol Rigali
 Rigatony's
 Mr. & Mrs. Michael and Dawn Riggs
 Jean and Jerry Riggs
 Mr. John Ringelberg
 Mr. & Mrs. Wayne and Angela Ringelberg '13, '17
 Ms. Kathleen Ringenbach
 Mr. Frank Rivas
 Robin Rizzo's Embroidery Plus
 Frank Roberto '76
 Robertson Palmdale Honda
 Kelly Rodas
 K. Rogahn
 Pam & Doug Roose
 Agnes and Jack Royster
 Rubios
 Daniel and Michelle Ruelas
 Mr. & Mrs. Lester and Susan Rushing
 Bishop Sylvester Ryan
 Angela (Cifarelli) and Randy Ryckebosch '77
 Jessel Sabile
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 Sam's Club
 Tracey and Gloria Sanders
 Jovita and Lorenzo Sandoval
 Ruby and Emilio Sandoval
 Nick and Lana Santana, Squirly's Collision Ctr. '89
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 Marianne and Karl Sarajian
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 Second Wind Day Spa
 Ms. Martha Serrano
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 Shoparoo
 M.C. and E.R. Siegwart
 Lesley and John Silenzi
 Gina and Richard Silong
 Ms. Vicki Silva
 Dr. & Mrs. Clifford Silverman '16
 Mr. and Mrs. Dante and Linda Simi
 Mr. Frank Smith
 Jacki and Steven Smith

Donald and Nancy Smith
 Kelli and Eric Smith '91
 Dr. & Mrs. Tony Smith D.C. '15
 SONRISE FARMS - Brandon & Nicole Calandri
 Ms. Sondra Sorensen
 Ms. Seres Sosnowski Abueg '90
 Knights of Columbus St. Kateri Tekakwitha Council
 Genene and Steven Staats
 Starbucks
 Michael and Theresa Stell
 Stephen B. Marvin Insurance Agency
 Ms. Carol Stephens '76
 Danielle & Janelle Stephens '96
 Ms. Judith Sterr-Steinberg
 Daniel & Janelle Stephens '96
 Harriett and Eugene Stevens
 Stik-R-Place
 Dr. Mervyn Stoll
 Ilona and Jerold Stone
 Ms. Dwanda Stovall
 Mr. & Mrs. Fred and Carol Strack '75
 Ms. Lilia Suficiencia
 Julie Sutton Photography
 Mrs. Helen Swanson
 Ms. Jacquelyn Swords
 Maria and Hussain Syed
 T & G Construction Services, Inc.
 Kathleen (Moreland) and Edward Taituha '75
 Nancy and George Takeda
 Target
 Target Take Charge of Education
 Ms. Daisy Tejada
 Telesis Collision Center

The Antelope Valley Ballet
 The Burton Team - Keller Williams Realty
 The Laugh Factory
 The Tidings Corporation
 Dr. Michael Theurer Orthodontics
 Mr. Calvin Thomas
 Ms. Connie Thompson
 Thuy's Custom Jewelry
 Tim Wells Tire Service - 24 Hour Road Service
 Ms. Janet Topor
 Carrie and Frank Torres
 Ms. Rosanna Torres '10
 Shirlee and James Towne
 Jay and Phyllis Tremblay
 Joanne Triana
 Ms. Kathleen Troisi
 Mr. & Mrs. Gary and Danielle Trumbo '90, '15, '17
 Alexander & Roxana Turcios
 U S Bank - Ben Maish
 Chris and Stanley Ulvin
 Universal Studios
 Barbara and Richard Urmanski
 Karen and Larry Valencia '78
 Catherine A. Vallejo
 Teresa and Scott Valot
 Gwen and Richard Valot
 Ms. Patricia Vasquez
 Christine and Terrence Vernor
 Meren and Kenneth Verzosa
 Mr. Dave Villarreal
 Vince's Pizza and Pasta
 Ms. Judith Virzi

Mr. Nickolas Vogel '77
 Timothy & Jennifer Vogel
 Dana and Gwendolyn Vontoure
 Ms. Angela Voorhees
 James and Pamela Vose
 Walmart Foundation
 Timothy Walsh '96
 Debra and Steven Walters
 Mr. Thomas and Janet Ward '77, '89, '92, '95
 Deborah and Darwin Warfield
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 Wells Fargo Foundation Educational
 Matching Gift Program
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 William Jewelers
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 Mr. & Mrs. Richard and Anne Wilson '79, '79
 Ms. Carolyn Winchell
 Jennifer and Christopher Wirt '07
 Mark & Phyllis (Azzariti) Wittig '86, '09, '11
 Mr. Raymond Wood '72
 Mrs. Kathleen Wood
 Yvonne and Charlie Yaroslaski '83, '85, '88, '91
 Lisa Zapf '72
 Ms. Maria Zermeno
 Michael & Angela Zimmerman '96

Paraclete High School Business Partners

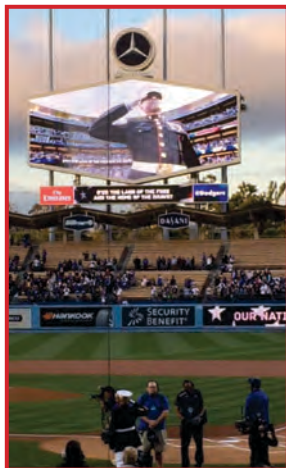
Thank you to our Business Partners for your support!
We encourage the Paraclete Community to visit the businesses.

T & G Construction Services, Inc. tracey@tgconstruction.net (661) 824-2038
Antelope Valley Auto Care, Inc. www.avautocare.com (661) 940-9160
Antelope Valley Ford Lincoln Mazda www.avford.com (661) 949-3586
California Dairy Distributors – The Ciufo Family California.Dairy@gmail.com
California Elite Soccer Club www.CESoccer.com (661) 618-8646
CrossFit Inner Chamber www.CrossFitChamber.com (661) 948-0915
Timothy Hayes Financial & Insurance Services www.TimothyHayesFinancial.com
 (661) 945-1828
Dr. Steve Heffelfinger, D.C. www.drsteveav.com (661) 948-5988
Allcare Foothealth Center – Dr. Andrew Katz www.AVFootDoc.com (661) 273-3338
Dr. Michael Theurer – Theurer Orthodontics www.theurerorthodontics.com
 (661) 949-2290
Tim Wells Tire Service - 24 Hour Road Service (661) 942-3773
Gem Mortgage www.gemintheav.com (661) 949-3388
C & C Plumbing Inc. - Chuck Weatherwax candcplumbinginc@yahoo.com
 (661) 945-4215
The Antelope Valley Ballet www.antelopevalleyballet.org
Chrysostomides Financial Services PChrysostomides@fscAdvisor.com
 (661) 948-0474
Wagner Custom Pools and Spas www.WagnerPools.com (661) 940-5466
Aquaphina Pool & Spa www.aquaphina.com (661) 949-8393
Westside Tan www.westsidetan.com (661) 722-6700
Herbert Law Office – Marc Herbert www.herbertlawoffice.com (661) 273-9007
JR Enterprise Solutions www.jrenterprisesolutions.com (661) 270-6758

SonRise Farms – Brandon & Nicole Calandri www.calandrisonrisefarms.com
Antelope Valley Chinese Baptist Church (661) 729-5576
Hindu Temple of Antelope Valley www.hindutempleav.org/
OPSEC Specialized Protection acheval@opsecprotection.com (661) 942-3999
McDonald's – The Laddaran Management Corporation (661) 575-0660
Dr. Remy Black, DDS (310) 872-8408
Gold Canyon – Friends, Fragrance & Fun Ruth Newell – (661) 618-0706
NationCorp Unlimited Group Inc. – Natalie Handy-Klucz
 www.nationcorpunlimited.com (661) 948-7862
Squirty's Collision Center – www.squirtyscollisioncenter.com (661) 274-0400
Fox Feed Inc. www.foxfeed.com (661) 252-9790
The Tidings – Angelus Ovidio Torres www.angelusnews.com (213) 637-7590
PCH Scuba – Jeffrey and Tina Carlon pchscuba@gmail.com (661) 273-1800
J.A.V. Digital Services javdigitalservices@yahoo.com (818) 802-0696
Marvin W. Marroquin – Farmers Insurance mmarroquin@farmersagent.com
 (661) 267-2323
Accurate Bookkeeping & Tax http://www.accuratebookkeepingandtax.com
 (661) 645-0211
US Bank – Ben Maish, manager Benjamin.Maish@usbank.com (661) 206-3957
Island Pest Management – Kyle Bower www.Facebook.com/IslandPest
 (661) 917-4121
William Edwards Photography www.willamedwards.net (661) 273-2110
Antelope Express www.antelopeexpress.com (661) 947-2LAX

Making a difference . . .

A Big Thank You to Mike Ruiz...representing the class of 1992!

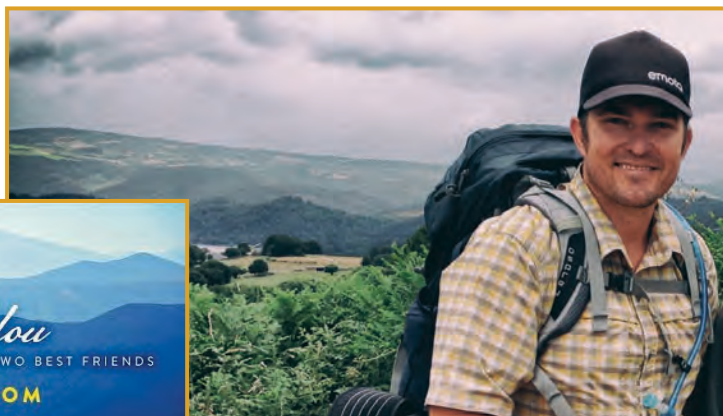
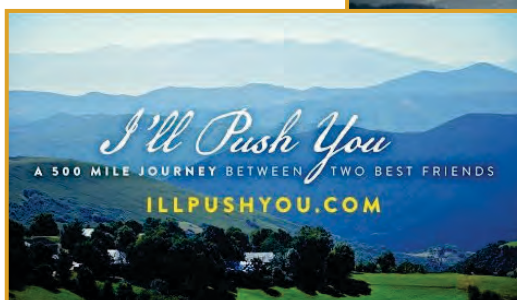


Mike Ruiz is a 1992 Paraclete grad; his daughters, Gabby and Miranda are recent graduates, his son Michael currently attends PHS, and his lovely wife, Heaven, works in the front office. Recently at a Los Angeles Dodgers game, U.S. Marine Corps 1st Sergeant and Los Angeles County Sheriff's Department Deputy Mike Ruiz was honored as the Military Hero of the Game! He was recognized for his numerous deployments and his service to our country. His family was on hand to cheer him on. What a proud moment for the Sheriff's Department, Lancaster Sheriff's Station, the United States Marines, the entire Ruiz family, and the Paraclete Family. In the same month, Paraclete's SADD Club (Students Against Destructive Decisions) invited Deputy Ruiz to speak to students about making good decisions during prom and graduation season. We applaud Mike and all that he does for his community and country.



Alumni Profile ~ Terry Parish Class of 1993

1993 Terry Parish, in collaboration with others, wrote, directed and produced the documentary entitled [I'll Push You](http://www.illpushyou.com). The film debuted at the 2017 Newport Beach Film Festival in April, and was the winner of the **Audience Award for Documentary**. It is the story of two men who make the ancient Catholic pilgrimage – El Camino de Santiago (The Way of St. James), however one is incapacitated and is in a wheelchair due to neurological disorder, while the other is his best friend - who decides to push him the 500 miles of hiking trail across northern Spain. See the movie trailer at www.illpushyou.com. The film is being released by Fathom Events in select theaters nationwide for a one-night special event on Thursday, November 2nd. Around 500 theaters will be showing the film, including AMC, Cinemark, Regal Cinemas, and a host of independent theater groups. The release is being done in partnership with the National Muscular Dystrophy Association (MDA) via their LIVE UNLIMITED campaign. Since October is National Disability Awareness Month and November is Caregivers Month, Terry feels the date is perfectly timed to straddle the months in recognition of both Patrick Gray (the pusher) AND Justin Skeesuck (the pushed). Terry shared his insight, “Whether it's because I've been hurt in the past by people that are supposed to love me or because I am inundated by negative messages in the news and social media, it often feels like the world is hateful, that love is not possible, and that our communities aren't trustworthy. But what the experience of this film and its story has taught me is: There is good in the world, and we can rely on one another.” Developments of the reach of this film will be posted on facebook.com/illpushyou and illpushyou.com. Congratulations Terry on a job well done with your spiritual mission.



Terry Parish at El Camino de Santiago

Note: Locally the film will be shown at Cinemark 22 in Lancaster on November 2nd as part of Fathom Events cinematic experience.

Staying Connected

1967 Charmaine Routhier Anderson's youngest Lancaster granddaughter graduated this June! There are 50 years between her graduation in 1967, and granddaughter Kassidy in 2017. A Paraclete family spanning the years! (See photo in Class of 2017 pages)



1980 Father Douglas Walker is a regular at Paraclete golf tournaments. He serves as pastor of Santa Rosa Catholic Church in Lone Pine, and drives to the far reaches of Inyo County including Death Valley and Shoshone to say Mass and offer additional sacraments.

1974 Joe Feller hopes to be fully retired in December from his business involving sales and service of business phone systems, and will probably be fully retired by December. He is currently the Chair of the Solano Group of the Sierra Club, which lately has been time consuming with the upsurge of support following the election. The group is involved in three big disputes over land use. Joe expects an active retirement. The longest vacation he had in 27 years of running his own business was 10 days in 1999. Recently he enjoyed a 15 day get-away visiting relatives, sight-seeing, and learning to fly fish.

1990 Denise Marriott Tayco was just chosen District Teacher of the Year runner up in San Diego. *Way to go Denise!*

1974 Mike Haney exclaimed, "Can you believe it has been 43 years since we graduated?"

Mike chose to keep the A. V. as his home, and has lived in Tehachapi for over 28 years. He raised his two sons and one daughter there. "My boys are 32 and 33 years old, Jeff and Chris. My daughter is 27 years old and her name is Sundey. Chris is single, Jeff married last August, and Sundey just married in March. I have been in aviation my whole career. I am a mechanic and pilot both. I absolutely love what I do. I have been a business owner at Fox Airfield since 1980. Check out my website at www.mhaviationinc.com." Mike and his son Jeff recently restored a Piper Apache and converted it to a Geronimo. Mike added, "It doesn't look like the original airplane. There are about 35 modifications to the airframe and engines. We literally took it completely apart, renewed



Mike Haney in his hangar at Fox Field

everything and reassembled it. Some of the work was performed by others such as the interior, paint, and some of the navigation equipment. It took about 2 1/2 years to do the work. We won a bronze Lindy (Trophy) for 'Best Custom Multi Engine' at Oshkosh, Wisconsin in 2014 (this is the biggest general aviation show in the world and we competed with many other aircraft for this award!). We won 1st Place Contemporary and Best Piper Show Plane at the Copperstate Fly-In in Arizona in 2014. We won Grand Champion at Sun-N-Fun, Lakeland, FL 2015 and Jeff won the Youth Achievement Award as well. Great times flying across the country with your son multiple times!! The KNX and KFI planes are my planes and the pilots are my employees. We fly reporters around the LA freeway structure and they do live reports from the aircraft. I have been doing that over 23 years now. I even go down and fly the planes from time to time when a pilot is sick. My son Jeff did it for a while as well when he was building flight time." *Mike is definitely a soaring Spirit!*



Mike's restored/converted Geronimo won multiple awards

1985 John Yaroslaski worked as a mentor for Engineers Without Borders in Sainji, India, a small community in the foothills of the Himalayas. John and his team developed a wastewater collection and treatment system for the village. *Blessings to all of the Engineers Without Borders!*

1993 Melanie Marriott Littleton delivered her third child - Keaton Charles Littleton on April 10, 2017. Melanie also just passed the state test for her Nurse Practitioner's license. *Best wishes to Melanie and her family!*

2013 Alexander Battey shared that he is attending Columbia University for a PhD in Plasma Physics (the study of **charged particles** and fluids interacting with self-consistent electric and magnetic fields). We look forward to a future update from Alex and what he does with his doctorate.



Emily with daughters Brenna and Bella and husband Jeff

1997 Emily Flores Borup sent in her news: "Our family has moved from Oregon to New Jersey. We have transferred as my husband Jeff will now be working with the USCG Atlantic Strike Team. We left our oldest daughter, Brenna, in Oregon to attend college. Our youngest, Bella, will be starting 8th grade in the fall."

2013 Triston Brown This update sent in the spring from his dad, "Our son is currently a junior, student-athlete at South Dakota-School of Mines and Technology University (SDMT). His tenure at Paraclete prepared him for the rigors of balancing his major, Industrial Engineering, and college athletics." Triston is a Hardrocker football player for SDMT.

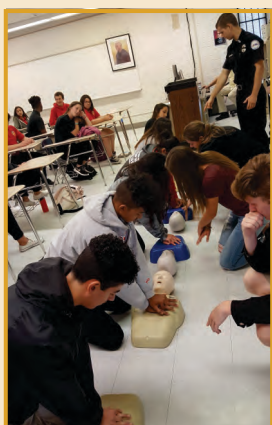


1986 Catherine (Denise) Cheatham Holliday was recently appointed to a non-profit board of directors with the Denver Children's Advocacy Center. Cate joined the board because of her ardent support of the efforts of the center in outreach, prevention, and particularly intervention, to curb the negative impact of abuse on child victims and their families and provide children a critical opportunity to recover and lead healthy, vibrant lives. Cate is a lifelong supporter of children's charities and wants to share her heartfelt belief that every child deserves a chance to grow into the very best version of themselves. Cate is a professional technical analyst and writer, working in a variety of industries, including military, mining, security, medical, and financial services. *A class of 1986 star!*

1995 Kelly Horne Delgado and her husband Jerry bought their property in Rolling Hills in June 2014, then tore the old house down. It was the second home built in Rolling Hills in 1932, but they fell in love with the 6.5 acre lot that is 100% usable (rare in Rolling Hills). Kelly shares, "We technically did a 'remodel' because we used the same footprint, with some additions. It was a long process, but we had fun with it and are happy to be finished! We have horses, so we added a 6 stall shed-row style barn, tack room, shop, and saloon. It is truly an equestrian estate now! We love living in Rolling Hills. It is a private, gated city that is rural, yet 30 minutes from downtown LA." Kelly and Jerry have seven children all together, one of which serves in the Navy. Kelly home-schools her younger children, is addicted to running (completed her first triathlon in 2011), and loves to create handmade soaps. Kelly and Jerry take cross-country motorcycle trips each year, seeing America through each small town they come across. Life is good in Rolling Hills for the Delgado Family!



The Delgados at home in Rolling Hills



2006 Catherine Anson and her co-workers at American Medical Response visited the campus and demonstrated proper CPR technique to Ms. Kaitlin Huerta's (class of 2007) classes.



2005 James Phillips attended Michigan Technological University, graduating in 2008 with a Bachelor of Science in Civil Engineering. Following college he moved to the Seattle area to begin his engineering career. **Jessie Millar Phillips (also 2005)** attended AVC initially and transferred to Finlandia University, graduating in 2009 with a Bachelor of Fine Arts in Graphic Design. "James and I got married in June 2010 and settled down in the greater Seattle area each working in our respective fields. In September of 2015 we welcomed our sweet, energetic daughter Aubrey. She fills our home and our hearts in a way we never thought possible," Jessie happily added.

2013 Brooklyn McAlpin will model during the New York Fashion Week, and sports Under Armour casual apparel for Eastbay. *Success on the runway and a beauty to say the least!*



2009 Corey Rodrigo is working as an athletic trainer intern with the Jacksonville Jaguars, and **2012 Connor Rodrigo** is attending graduate school at the University of Utah on a research grant - shared by their proud mother, Linda Rodrigo.

2013 Chamille Valcorza Mendoza After earning her bachelor's degree in economics at Long Beach State, Chamille emailed the news of her internship: "I am currently interning at the United Nations Headquarters in New York, New York. I was assigned a special project to analyze the current procurement processes conducted by the United Nations and all its affiliated entities. From my research, I hope to identify the bottlenecks and problem areas of the current processes and propose solutions to the problems I find. Using my research as a starting point, the United Nations Procurement Division hopes to generate a more collaborative procurement process among all entities. The benefits of collaborative procurement would be significant cost saving and efficiency gains. Which also means that the peacekeeping operations in which we support will be able to receive their supplies when they need it most."

2016 Tyler Schatz emailed teacher Andy Gavel: "Hope all is well. I just wanted to reach out and thank you for preparing me for a college government class. Many of my classmates here at USNA (U.S. Naval Academy) did not have a teacher like you and struggle in government class. It allowed me to have an 'easier' class during my long days. Thank you. Things are well here, I have two more days of class before I start finals. My rowing season has entered the post season with Eastern Sprints which is effectively the national championship coming in two weeks. My boat is going into the regatta ranked number one in the country, so it will be an exciting two weeks with the semester ending and my season coming to a close. Good luck getting everyone geared up for AP tests and graduation. I will be sure to swing by when I am home this summer. God bless and Beat Army."

Reunions

Class of 1967 Reunion

- weekend of October 13th. Classmates will meet at the homecoming game, and enjoy the Alumni Gathering at Paraclete after the game. On Saturday, October 14th, reminiscing and fun will continue at Gino's Italian Restaurant, 44960 Valley Central Way, Lancaster, 6:00-7:00 Meet and greet, 7:00 PM dinner with music provided on the patio. Payment due by September 25th. Charge: \$40.00 per person. For questions, please contact Mary Beth (Shannon) Stephens at stephens3414@yahoo.com.



Class of 1997 Reunion

Class of 1997's reunion was organized by Toni Beanblossom and held at Forge Event Center on Lancaster Boulevard. All enjoyed a night of good spirits and reminiscing!

Class of 1972 Reunion

The Class of '72 will hold their 45th Reunion on September 23, 2017 at the home of Tina (Kesselring) Noreika in Simi Valley, CA. Contact Tina at speechie4evr@yahoo.com if you have any questions.



Class of 1987

We enjoyed a nice evening dinner at Fresco II. For some this was their first reunion ever or the last one some attended was our 10 year reunion. Several attendees went over to Lucky Luke Brewing Company after dinner to continue reminiscing about Paraclete memories. We had classmates visiting from Florida, Texas, DC, Washington, Oregon and from all over California.

There was talk about a Combo Class Reunion possibly next year for those before and after Class of '87.

Class of 2004 Reunion

will hold their 13th reunion on October 14, 2017 at Fresco II in Palmdale. For questions: Sara (LeGrady) Lane at poodlesara@gmail.com or Chillon Joersz at evelenejoersz@gmail.com

Class of 2007 Reunion

will hold their 10-year reunion on Saturday, October 14, 2017 at Bravery Brewing, 42705 8th St. West, Lancaster 5-8 PM. \$20 per person. There will be catered tacos, snacks, desserts and non-alcoholic beverages.

The link to RSVP for classmates and (optional) guests is:

<https://docs.google.com/forms/d/e/1FAIpQLSfYIsmq1BGuANC5HD8s-yCPUy-rnzxMvWhYjGSiInKtN2KLQw/viewform>

If anyone has any questions, they can reach out to us at paracleteh207@gmail.com for details as they develop.





Upcoming Events:

PHS news is published by Paraclete High School. Its contents are made possible by members of PHS staff, faculty, alumni students and parents. Any comments about this newsletter, or if you need to update your address information, or if you would like to submit articles, please contact: Janet (Godde) Bower jbower@paracletehs.org

**42145 N. 30th St. West
Lancaster, CA 93536
(661) 943-3255
(661) 722-9455 fax**

Grandparent Day

Creating Memories for a lifetime!
Thursday, September 28, 2017

Homecoming 2017

Football game at Antelope Valley College
at 7 PM celebrating - **SPIRIT FOOTBALL
LEGACY NIGHT – CELEBRATING OVER 50
YEARS OF GREAT MEMORIES!**

Alumni, family and friends: join us after the game at Paraclete to continue the fun in the St. Joseph Building RSVP to Janet Bower at JBower@ParacleteHS.org or (661) 943-3255 ext. 111.

Las Vegas Night

Saturday, October 21, 2017 • 7-11PM
in the Godde Gym
*Brought to you by the Paraclete Parents
Organization*

Paraclete “Country Classic” Weekend

Golf Tournament – Friday, October 27, 2017
at the Antelope Valley Country Club 12:00
Shotgun Start

Tracy Lawrence Concert – Sunday, October 29, 2017
at the Lancaster Performing Arts Center at 3 PM.
For details contact Vicki Novelli at
VNovelli@ParacleteHS.org
or (661) 943-3255 ext. 128.

Open House

Saturday, November 4, 2017 1 PM
Saturday, January 13, 2018 1 PM
Do you know a young person who is looking for a great high school experience? Tell them about Paraclete and all that we offer!


Alumni Baseball Game

December 23, 2017 details TBD

Entrance Exam

Contact Mrs. Kathleen Troisi at
KTroisi@ParacleteHS.org or
(661) 943-3255 ext. 155 for more
information.
Workshop: January 20, 2018 8:30 AM
Exam: Saturday, January 27, 2018 8:30 AM

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