

PHSpirit

SPRING 2020



**A PUBLICATION FOR THE COMMUNITY
OF PARACLETE HIGH SCHOOL**
The Catholic High School of the Antelope Valley

PHSpirit

SPRINGS 2020

PHSpirit is published biannually by the Advancement Office at Paraclete High School for alumni and friends.

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On the Cover:

Brighton Bacchus, class of '89, with a few of the 2020 seniors after his speaking engagement with the student body.

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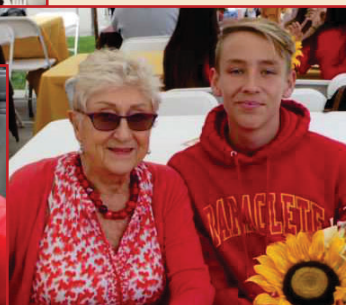
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7th Annual Grandparent Day

Autumn days in the Antelope Valley are a local favorite and when you add in a day filled with love and family, well, you've got yourself a perfect day! Our seventh annual Grandparent Day welcomed over 350 grandparents, and with the student body celebrated Mass with Father Gasparin (Father G to all). Loving memories came to mind, and prayers were shared for all grandparents. Thank you to all for making this day a Paraclete favorite. May the Holy Spirit, the Paraclete, fill us with deep appreciation for family.



History Channel Your Inner Spirit

We would love to hear from alumni, present or past faculty and staff members, and parents with historical Paraclete tidbits, recent or long ago history. Send in your recollections to JBower@ParacleteHS.org or call (661) 943-3255 ext. 111. Photos are welcomed too!

From Bishop Edward Clark, Paraclete High School principal from 1980 to 1982:



Bishop Clark

“When I was principal, Paraclete was a small school, just under 400 students. We were a small community and we were a family. One of the best assets of the school was Caryl Hier. She was more than my secretary and the school secretary, the registrar, and director of public relations; she was the heart and soul of Paraclete. She knew every student on campus. From the day a student took the entrance exam, she handled all the paperwork; so, from the first day of school each year she knew every student by name. The first time students walked into the office, she would call them by name – and they would look shocked: 'How does she know my name?' She also knew most of the parents. So, we had very few discipline problems because students were more afraid of disappointing 'Mother Hier' than they were of being in trouble with the dean.”



From left Donna Jackson, Margaret Neill, Caryl Hier, Haydeè Nottoli, and Father (now Bishop) Edward Clark from the 1982 yearbook.



Alumni and friends are always welcome!

“The Paraclete Parent Organization would like to extend a huge thank you to those companies and individuals who so generously donated to our fundraiser. Vegas Night was a success because of their generosity and the generosity of the guests. The PPO Board will be granting \$20,000 to 'Wish List' requests to enhance campus life for the students and staff,” shared PPO president Melissa Phoreman.

A complete donor list including our Vegas Night donors will be listed in our fall newsletter. Las Vegas Night is typically held in October of each year.

Homecoming 2019

Alumni from all decades attended Homecoming 2019! The Spirited fans enjoyed an exciting game with Paraclete victorious over St. Francis of La Canada 38 to 33. Join us for Homecoming 2020 – alumni will enjoy free admission again!

Here's a partial list of alumni who attended. See if you can match the photo with the name!

Elisa (Bower) Maish '95 and Makayla Maish '17, Daniel Campbell '18 with mother & teacher Annette Olague, Clarence “Gabriel” Parker III '15, Jenny (Ciufo) Aristo '09 and Lauren (Avila) Gutierrez '09, Mike Steinke '70, Eli Navarro '15, Kaitlin Huerta '07, Steven Urmanski '09, John Krinkel '69, Frida Vazquez '17, Kyle Bower '00, Niko Guiler '18, Les Lathrop '69, Steven Lathrop '94, Amanda Soto '19, Larry Hays '69, David Norris '99, Braydon Maish '12 & Monica (Gonzalez) Maish '13, Sarah Fitzgerald '09, Courtney Smith '09, Nikki Cooper '09, Karina Albarran '09, Brandon Julio '19, Cailin Larimore '19, Mary Kay Orlando Stuckey '70, Bob Stuckey '69, Norm Kahler '69, Phyllis Orlando Davis '69, Elizabeth (Amorsolo) Gallardo '92, Angelica Gallardo '18, Branden Smith '17, Brian Lathrop '93, Cassily Cobos '09, Cynthia (Strack) Holmes '69, Arlene (Olson) Nakamura '69, Jill (Fowler) Branson '69, Linda (Styles) Marston-Reid '69, Betty Jo Walton '69, Frank Rivas '68, William Kanè '17, Lynn Melcher '69, Neil Morse '69, Martha Gibson '09, Zack Nelson '17, Isabella Galvan '19, Carly Sablan '19, Ahmik Shenoy '19, Matt Simanski '87, Danielle (Miller) Peck '97, Ariana Hattar '19, Kailey Chan '16, Suzanne Orr McGuire '78 and Peter McGuire '05, Kerry Lane '81, Sadi Zamrzla '13, Alec Justice '19, Katherine Dieguez '19, Ronaldo Flores '19, Noah Rogers '19, Luz Chamorro '00, Ciana Fry '17, Derek McMurtry '91 & Zohar (Ram) McMurtry '93, Yanir Ram '91, Michelle Lane '81, Noah Perry '18, Peter Weilbacher '94, Maia Baldonado '16, Brittany Schoengarth '09, Brian Sandman '98, Michelle St. George '05, Thomas St. George '12, Dana (Centeno) Johnston '92



Alumni Profile ~ Brighton Bacchus

...giving back with the help of *spirited* friends!

This is a tale of an adventure one alumnus took beginning in June 2019 down the path to create and host the perfect Paraclete party. His love for Paraclete High School is profound and everlasting. Meet Brighton Bacchus, a member of the Class of 1989. His reunion organizing story has made him a Rock Star Party Planner with his mission of giving back, and he just might be sought out for advice for other Spirit Reunions!

Brighton is a friend to many, and with his forever love of Paraclete High School, getting to know him is a joy that will earn him the title “Friend to All.” We asked Brighton to tell us about himself and his pursuit of a the perfect Paraclete party.

Education

“I was born in Lancaster in 1971, and attended Sacred Heart School through 8th Grade, and only wanted to go to Paraclete. After graduating Paraclete in 1989, I went to Loyola Marymount University and graduated in 1993 with a double major in Political Science and Communication Studies. I completed my MBA in 1998 at the University of La Verne with an emphasis in Organizational Communication and E-Commerce.”

Personal

“I was married in 1995 to my wife Aimee (who graduated from Antelope Valley High School in 1991) by Father Joe Scalco (more about him later), and we have been married 24 years. I have two daughters: Lauren is a sophomore at California Lutheran University and



is a biology major interested in careers in the medical field, and Amanda is a junior at La Reina High School in Thousand Oaks, and is interested in careers in psychology or counseling at this time.”

Life After Paraclete

“After graduation from Loyola Marymount University in 1993, I moved back to the Antelope Valley, and worked at Jones Intercable as a production assistant/news reporter doing new, sports, and feature stories on the local

channel. I was also working at A.V. Bank in Palmdale, where I lasted six weeks, but met my wife there, and that was the best thing that ever happened to me in my life.

“I have a condition called Chiari Malformation (which is a congenital malformation similar to Spinal Bifida) and I blacked out while hiking with Carl Ladensack [PHS teacher], Geoff Bates '89, and Matt Simanski '87 in 1998. The ironic thing about being on this hike with these three Paraclete Spirits, is it literally saved my life. Within three weeks, I had brain surgery, and I was out of work for over a year - rehabilitating myself physically, learning how to walk again and rebuilding my strength. I had my driver's license also taken away temporarily due to my neurological condition. One of the advantages of not working while rehabbing is that I was able help with our ten-year class reunion in 1999.”

Career

“I have been in sales for over 25 years working in litigation support sales, and yellow pages and internet advertising for 10 years. The last 15 plus years, I have been in supply chain and logistics sales working specifically on small package, international e-commerce shipping. In early 2019, I was recruited to join the FedEx Cross Border Sales Division, and lead sales for the western U.S.

Faith & Volunteerism

“My Catholic faith is still very important to me, and is the foundation and cornerstone of my existence. I have been a catechist at Padre Serra Parish in Camarillo for over 15 years, working in religious education for the First Communion, Reconciliation, and Confirmation Programs. I have been a member of the Knights of Columbus for over three years as part of Padre Serra Parish. I also serve my community as the president of La Reina Dad's Club at La Reina High School in Thousand Oaks.

“My wife Aimee and I have worked for almost two decades for a charity called Sammie's Circle - which has raised hundreds of thousands of dollars as a non-profit for USC Norris Cancer Research Center. Sammie's Circle has annual events that raise funds for the center, as well as raising awareness about cancer and cancer treatments.”

What Paraclete Means to Me

“My years at Paraclete High School represent a very special time in my life. I remember attending the

Spaghetti Dinner as a new incoming freshman in 1985, thinking how tall and mature everyone else looked there. I remember being very scared and intimidated at that event, just because I didn't believe in myself.

"Once I got comfortable with myself and my own skin, I got very involved in Paraclete, primarily through clubs and activities. I was very involved in ASB as Christian Service Secretary and Sophomore Class President. I was also Financial Manager of the Yearbook, and was involved in other clubs and organizations.

"One of the things that I remember most is going to communion almost every day at lunch with Geoff Bates, Mike Murphy, Tim Ward, and Rick Abueg (all class of 1989), as it was a very quick Eucharistic Service said by Fr. Joe Scalco [Paraclete campus priest], which was such a blessing during the middle of the day. The Eucharistic Service at lunch would help me realize how thankful and blessed I was to be going to such a special school, where we can pray openly and practice our faith."



Fr. Joe

"Fr. Joe Scalco was always a very special person in my life. I used to meet with him frequently for spiritual counseling and support, whether it was when my parents had gotten divorced and years later, still feeling like I was responsible for it in some way, to just being blessed and appreciative for the opportunity to go to Paraclete High School. I had the honor of attending the Religious Education Conference in Anaheim three of my four years at Paraclete. One of them was the ultimate opportunity, as we had the honor of seeing Pope John Paul II officiate Mass, and a small select group of students had the honor of attending it with Mr. Andy Gavel in a twelve passenger van. These are the experiences that I will never will forget that that you are blessed with the opportunity while attending Paraclete High School. After I had brain surgery, Fr. Joe came down to visit me at St. Joseph's Hospital in Burbank. I will never forget seeing his smiling face and the blessing he gave me."

Paraclete Multi Year Reunion

"What started off as a simple call to Paraclete to find out the status of the Class of 1989 30-Year Reunion back in June, was literally a phone call that changed my life for the better. After speaking with Janet Godde Bower [PHS alumni coordinator], I felt 'the calling' from the Holy Spirit that we needed to do something more than a traditional 30-year reunion; we needed to give back to the school that gave us so much.

"I had a minimum headcount of 75 that I had to fulfill at the venue, and I wasn't having any luck with just my class. I expanded it to 1988 and 1990, and still wasn't having enough traction. I then realized that it didn't matter what year you graduated from Paraclete. If you love the school, have positive memories of the school, want to see old friends and meet new friends, and want to give back to the school that had given us so much, then you were welcomed at our Multi-year Paraclete Reunion. I needed more support to get this moving so I reached out to any alumni who were interested in supporting me. I was fortunate to get Shannon Stephens Clasen '89, Angie Navarette Bowman '89, Sabrina Ortega '89, Steve O'Neal '90, Juanita Edwards Gagnon '90, Yanir Ram '91, and Tamar House '91 to help me spread the Paraclete joy. We had two goals that we envisioned for the Paraclete Multi-year Reunion: to give alumni the opportunity to see old friends and meet new ones, and secondly to raise money for current students at Paraclete so that they could continue their education at Paraclete.

"We didn't know until speaking with Janet that some 30% of the students at Paraclete, approximately 175 students, receive some support of financial assistance from Paraclete High School. As financial conditions have changed and the population of the Antelope Valley has evolved, there is an increase in population of families that need financial assistance to send their children to the only private Catholic High School in the Antelope Valley.

"We started out by sending letters to Paraclete graduates over an eleven-year span, and realized that we needed to get more creative. We undertook the strategy to get back in touch with faculty, teachers, and staff and invited them to the event for free. We also reached out to some generous Paraclete alumni, and asked them if they would be willing to sponsor the event to accommodate our guests of honor and to keep the prices as low as possible. Our commitment was to keep the cost of the event cheaper than your prom, and you don't have to ride the bus 30 years later at \$50 per person.

"We then asked the teachers to get involved. We were very blessed to have Mrs. Deborah Duke [former teacher at PHS] record a video on social media that spread like wildfire, inviting people to the reunion. I would then

record weekly updates on Facebook and Instagram, while traveling for work with FedEx. I did videos at airports in Los Angeles, Reno, Denver, Phoenix, Portland, Salt Lake City, and Seattle, saying that while we are busy traveling and working, we want you all to consider coming to the event. We were also creative and used memes of screen shots from 80's musicians from Madonna to Bon Jovi to Michael Bolton to encourage interaction and a sense of humor. We would also post who was going to attend the reunion with a brief profile of what they did at Paraclete when available, to hype up the event and get people interested in going. We wanted to also have raffle prizes donated from alumni to raise funds.

“Thank you to the generous donations from sponsors Team House Realty/All Valley Leasing (Tamar House '91), DRI Holdings (Yanir Ram '91, Derek McMurtry '91, and Zohar Ram McMurtry '93), Baker Rescue Services (David Baker '86 and Brian Baker '87), and Camacho Auto Sales (Gustavo Camacho '90).

“Thank you to raffle prize donors: Magic Castle Grand Prize Experience from Tom Laquidara, gift cards from Gino's Italian Restaurant, Therapeutic Massages by Dr. Buck and Angie Navarette Bowman '89, Double Smoke BBQ gift sets by David Suppe '87, Chronic Tacos gift card and T-Shirt by Chad Eberhardt '91, Wine Basket from Rene Lazare '84, Arbonne Skin Care Basket by Steve O'Neal '90, gift card from Mary Grace Fabian '85, DJ Session Provided by DJ Splice Paul Worthey, Photo Booth provided by Spotlight Photo Booth, Hand Carver Wood Letter Opener by Ms. Jan Wiskerson [retired teacher], Antelope Valley Wine Gift Basket, Tasting & Tour provided by Mrs. Gail Monti [retired teacher] and AV Winery, and Nike gift cards provided by Sarah Hart Pease '87.

“When the red and yellow Paraclete magic dust settled, the event blossomed into a gargantuan success. We had 130 attendees at Gino's Restaurant in Palmdale, and raised over \$3500.00 for scholarships for students at Paraclete High School. We had the honor of Mr. Carl Ladensack [teacher at PHS] attending and saying a blessing before dinner. Mrs. Deborah Duke and her husband Jay made a very generous donation to the reunion, and students were lined up twenty deep to have their picture taken with the Paraclete Matriarch, Mrs. Caryl Hier. We were also fortunate to have Janet Godde Bower ['74, PHS Alumni Coordinator] attend the event as well.”

Paraclete Spirit

“I still remember all the words to the Alma Mater, but what is really important is what the 'Paraclete Spirit' means. To me, it means that you are a positive,

enthusiastic person trying to do the best that you can every day with the talents and treasures that God blessed you with, to be the best possible person that you can be through a life of service, humility, and modesty.



“I try to apply that principle to every aspect of my life. On my college applications, I called it the 3 F's - friends, family, and faith. In the working world as I have gotten older, I call it the 3 A's - activity, attitude, and accountability. I believe the Paraclete Spirit is a compilation of both.

“With the help of your friends, family, and most importantly, your faith, use your God given talents and treasures in positive and meaningful activities with a heart of service, and a positive, loving attitude, all the while holding yourself accountable to yourself, your family, your friends, and your faith. To me, that is truly what the Paraclete Spirit is, and I believe the Paraclete Multi-year Reunion is a prime example of demonstrating the 'Paraclete Spirit.’”

In December, Paraclete High School Student Body welcomed Brighton as a guest speaker at a Spirit Start-up where he shared his Spirit and the values he cherishes. Thank you Brighton for your love of school and generosity of time, talents, and passion.

Brighton is happy to share his reunion planning experience with any Spirit who would like to contact him at BBacchus818@yahoo.com.

“When you were born, you cried and the world rejoiced. Live your life so that when you die, the world cries and you rejoice.” [source unconfirmed]

Faculty and Staff News



Mr. Guy Dees joined the Paraclete staff in January 2019, and we would like to tell him how happy we are to have him on board! When asked for a few details about his personal life, he led off with the fact that he is married to the greatest woman in the world, and they enjoy their five children and five grandchildren. He got his foot in the door at Garces Memorial High School as a walk-on baseball coach, and then became a math and science teacher. He helped implement the 1:1 iPad program at Garces, and eventually became dean of students and then vice-principal. As head coach for the Garces baseball program for twelve seasons, his teams won four CIF Championships. Now at Paraclete, Guy serves as a dean, teaches math, and is an assistant baseball coach.

In Memorium

1971 Bill Pszyk passed away on August 5, 2019. Bill was seriously injured in a car accident in 1969 while he was a student at Paraclete. He spent years of his life learning how to walk and talk again.

Tom Ward, Paraclete High School Board Member, passed away on September 25, 2019. Tom was a true Spirit with his work to advance our mission.

1988 John Arulanantham passed away on October 5, 2019. John attended Paraclete for only one year (1986-1987), but retained a lifelong fondness for Paraclete High School.

1972 Janet Rehm Arruda passed away on November 7, 2019 after a long battle with MS and Parkinson's.

1990 David Gonzalez passed away on November 26, 2019.

1985 Valerie Forrest Copeland White passed away on January 3, 2020. She leaves her loving sons Alexander '07, Travis '08, Austin '12, and Ryan '15.

1977 Andy Alan Ward passed away on January 20, 2020.

"Come to me, all you who are weary and burdened, and I will give you rest." Matthew 11:28

Amazon News!

*Select **Paraclete High School** as your charity on AmazonSmile*

If you are a fan of Amazon shopping, here's some great news about how you can easily support Paraclete High School with your purchases!

AmazonSmile is now available in the Amazon Shopping App to all AmazonSmile customers using supported Android devices. Here's how to turn on AmazonSmile in the Amazon Shopping App on your Android device:

1. Update your Amazon App to the latest version.
2. Open the Amazon Shopping App on your Android device.
3. View Settings and select AmazonSmile.
4. Follow the instructions in the Amazon Shopping App to complete the process.

For Apple device users, simply bookmark AmazonSmile browser page as your shopping site. You'll make a difference for our Paraclete! Thank you!



Please give to Paraclete's Annual Fund

Exceptional educational experiences are life-changing, and the Paraclete Annual fund helps make that happen. The Paraclete Annual Fund lies at the heart of our Advancement program. Thank you to the many friends who give each year to Paraclete in a meaningful way. Participation in giving – no matter the size of the gift – is key in the long-term stability of the school. Your cash gift is tax-deductible within the guidelines established by the IRS. Cash gifts can be made by check or can be charged to your Visa, MasterCard, Discover, or American Express. Credit card gifts can be made online at www.ParacleteHS.org/giving or by contacting Vicki Novelli at (661) 943-3255 ext. 128 or VNovelli@ParacleteHS.org. Thank you for your annual gifts.

Join us in giving back to Paraclete on our Day of Giving: last day of school – Friday, May 29th, 2020. For all annual fund donations made from October 12, 2019 through the Day of Giving weekend, you will be entered in a raffle for 2 Disneyland Park Hopper Tickets! Winner will be announced on Monday, June 1, 2020. We look forward to hearing from you! Good luck!

Win  Park Hopper Tickets!

Paraclete High School Business Partners

Thank you to our Business Partners for your support!

We encourage the Paraclete Community to visit these businesses.

SonRise Farms – Brandon & Nicole Calandri www.calandrisonrisefarms.com
CrossFit Inner Chamber www.CrossFitChamber.com (661) 948-0915
Gary Little Construction, Inc. – www.garylittleconstruction.net (661) 940-5822
The Hier Advantage Real Estate Sales & Service - Ron Hier www.thehieradvantage.com (661) 406-1564
Westside Tan – Al & Patricia Calderon www.westsidetan.com (661) 722-6700
T & G Construction Services – Tracey & Gloria Sanders Tracey@TGConstruction.net (661) 824-2038
Trinity Real Estate Services – HeJung Hong, realtorhejung@gmail.com or (818) 497-0405
Western Equipment Services – manager@westernequipmentservice.com or (661) 945-0077
Edward Jones Investments – Rocio Montagner www.edwardjones.com (661) 224-1365
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Far West Automotive & Tire – www.FarWestAutoTire.com (661) 722-6759
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C & C Plumbing Inc. - Chuck Weatherwax candcplumbinginc@yahoo.com (661) 945-4215
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Tim Wells Tire Service TWellsTire@aol.com (661) 943-3773
The Jimenez Law Group – Ms. Chellei Jimenez www.thejimenezlawgroup.com (661) 940-9700
Monty Stuart Horse Training in Acton, California (805) 390-9588

**To become a Business Partner with Paraclete High School,
contact Vicki Novelli at VNovelli@ParacleteHS.org or (661) 943-3255 ext. 128
or Janet Bower at ext. 111 or JBower@ParacleteHS.org**

Coach Ray DeShane Memorial Scholarship Fund

The goal of \$25,000.00 has been achieved for the Coach Ray DeShane Memorial Scholarship Fund! Thank you to the DeShane Family, Spirit athletes, and friends for fulfilling this objective. We invite the Paraclete Family & Friends to join us for the naming dedication of the Coach Ray DeShane Weight Room on Wednesday, April 22, 2020 at 5:00 PM at Paraclete High School in the Godde Gymnasium. If you would like to attend this event, please R.S.V.P. to Janet Bower at JBower@ParacleteHS.org or (661) 943-3255 ext. 111.

We welcome additional donations to this fund to increase its scholarship power. If you would like to donate to this fund or the much needed weight room improvements, please include "Coach Ray DeShane" in the memo section of your check or in the remarks if your donation is completed via PayPal. Give online at: www.ParacleteHS.org or mail your gift to Paraclete High School – Attention Advancement Office, 42145 30th Street West, Lancaster, CA 93536.



Select Paraclete for your Vehicle Donation!

CARS is a non-profit Paraclete partner. Simply go to <https://CarEasy.org> or call (855) 500-7433 to donate your car, truck, van, SUV, RV, boat, motorcycle, trailer, or airplane and CARS will do the rest from pick up to receipt. If you donate a vehicle to CARS, please contact Janet Bower at (6 6 1) 9 4 3 - 3 2 5 5 e x t . 1 1 1 or JBower@ParacleteHS.org to share the news of your gift!

Look for your Spirit Opportunity Raffle tickets in the mail soon! The drawing takes place on Tuesday, May 12, 2020. Thank you for helping us with our mission! Good luck to you!

Donate here: www.paracletehs.org/giving

Thank you for helping us meet our students' needs. There are two easy ways to support Paraclete:



Donate online: www.paracletehs.org/giving



Mail in this form.

Yes! I support Paraclete High School

Check enclosed for gift amount of: _____

Please charge my gift of \$ _____ to my Visa MC AMEX or Discover

Card Number: _____

Expiration Date: _____ / _____ Security Code: _____

Signature: _____

Name: _____

Address: _____

City/State/Zip: _____

Home Phone: _____ Cell Phone: _____

Email Address: _____



My employer has a Matching Gift Plan - forms enclosed.

I would like to make this gift in memory/honor or _____

Contribution Levels

_____ \$10,000

_____ \$5,000

_____ \$1,000

_____ \$500

_____ \$250

_____ \$100

_____ \$50

_____ \$25

_____ \$ Other

Questions? Email: vnovelli@paracletehs.org Phone: 661-943-3255 x128 or x111

BASEBALL IN DECEMBER WITH SOME STAR POWER

Annual event is an alumnus fave!

The alumni baseball game was full of smiles and laughter as the alumni were happy to play alongside some familiar faces from their high school days. The excitement among the current varsity team was there as they all felt the need to prove something. The alumni started off hot and it stayed that way throughout the contest as the alumni ran away with it in the later innings. The 8 inning contest featured some bright stars “on the come up” professionally like Joey Estes of the Atlanta Braves organization, David Metzgar of the Yankees, and Mylz Jones of the Colorado Rockies.

Thank you to Ethan Rosario ('20) for writing this recap!



Memories Shared



PHS parent Alfred Miller was invited to stop by Paraclete to donate a book to our library. It just happened to be a book that he wrote entitled *From Cows to Space with God as My Copilot: My Career and Family Life*. Alfred dedicated his book to his wife Dorothy. Their family life was blessed with their eight children: Melissa ('71), Natalie ('72), Jennifer ('74), Meribeth ('76), Kevin ('78), Keith ('80), Karl ('81), and Charles ('83). The book is filled with Edwards Air Force Base history and warms your heart with his personal history.

JR Chatman - Guest Speaker & Leader



Annually Paraclete hosts an 8th Grade Scholars Recognition Dinner inviting the top 8th graders from the greater Antelope Valley. Recently 1989 alumnus JR Chatman was the guest speaker and he scored big with his inspiring talk on continuing to succeed. JR Chatman is the Vice-Principal (on-site administrator) of Phoenix High School in Lancaster. Thank you JR!

Know someone who has the gift to inspire youth? Encourage him or her to reach out to Paraclete to offer to be a guest speaker.

"If your actions inspire others to dream more, learn more, do more, and become more, you are a leader."
— John Quincy Adams

**1/2
OFF**

Entrance Exam Fee

Must present this certificate.

At Paraclete High School, faith intersects with rigorous academics, CIF Championship athletics, the arts, and a wide variety of leadership and service opportunities. We are devoted to providing our diverse student body a safe educational environment where our culture is defined by achievement.



ACADEMICS

99% of our graduates have continued on to college. The class of 2019 received \$5.5 million in college scholarships.

ATHLETICS

We have earned multiple CIF and State Championships in our varsity athletics program.

TECHNOLOGY

Paraclete High School is a 1:1 iPad school. We have an innovative Computer Science Program including AP Computer Science, Python, Java, and an award winning Robotics program.

ARTS

Our dynamic program connects students more deeply to the world and opens them to new ways of expressing themselves.

COMMUNITY SERVICE

A Catholic tradition of service to others teaches our students to become involved citizens who positively affect their communities and beyond.



CALL FOR A TOUR!

Call **661-943-3255** or go to **paracletehs.org** to register
42145 30th St. W • Lancaster, CA 93536

Celebrating 25 year of Drama Productions!



Mr. Rick Hernandez recently welcomed alumni, family, and friends to a wonderful celebration of his 25th anniversary of his first play “Arsenic and Old Lace.” Lasting friendships are truly a blessing! Here's to many more fun and entertaining Paraclete drama productions directed by Rick!



Celebrating alumni with Rick



Lance Lanfear with Rick and the cast of the re-production of “Arsenic and Old Lace” with current Paraclete Spirits.

Staying Connected

Spirits Paths Crossing



Recently **KaytLynn Johnson '16** and **Taylor Roberts '16** received their softball championship rings and 2020 jerseys at Marymount California University and met up with **Joey Alvarez '13** who is working on his masters at Marymount and often helps with sound system announcing at softball games. Thank you to KaytLynn's mom for sharing this photo and news!



Paul Frost with classmate
Cathy Culliton

1967 Paul Frost surprised **Cathy Culliton '67** with a phone call then came up to the A.V. from the beach and together they visited **Katie (Didier) Marriott '67** at Paraclete. The grads had a great time reminiscing and catching up.

1969 John Krinkel lost his home in the Carr Fire in 2018, but rebuilt his home at the same location and moved in September 2019. John...your Paraclete family is so sorry this happened and we hope you are settled in.

1970 Mike Steinke sent in this news in October from his hometown of Trona: "Saw my first Paraclete Homecoming since I graduated on Friday. I enjoyed it thoroughly. Got in free, got my picture taken, didn't meet anyone I knew, partly because I had to take off early, because Trona was playing at AVC. I haven't been to a Paraclete Homecoming since I graduated, because there was always a Trona game that same night. Now that I have retired, I have the luxury to pick and choose.

"The drive from Palmdale to AVC (one I made many times, because I lived right next to Palmdale High, on Avenue R-1) was a little disorienting. The Palmdale/Lancaster area has changed quite a bit since the 60's. 30th street was mostly a dirt road between Paraclete and AVC. But the streets are still numbered and lettered, so didn't need to ask Siri for help.

"The coronation was nicely done, loved the band, and along with the rest of the crowd, was disappointed that the cheerleaders and dance team couldn't perform. I was the music and tech guy (as well as the math teacher) at Trona for most of my tenure there. I always had a backup sound system for the big performances. There are a lot of very reasonably priced battery-powered P.A. systems (I like the Bose S1) that the cheerleaders, dance team, and band would all benefit from. My S1 is backpack sized, and although it wouldn't blow the crowd away, it would have let the show go on. This is really important when you have to play at a different field for every home game.

"I am looking forward to visiting the campus. I plan on checking out the gym during a basketball game later this year. Paraclete didn't have a gym while I was there (we didn't even have a locker room my first year or two)."

1969 John Titter shares his news – "I live with **Zoe Ann Lopez Browning ('67)** in Upland. I have been working for Herbert Bail Bonds as a bail agent for the last 19 years. This coming July will make 20 years then I plan on retiring. I have been clean and sober for 27 years as of October 19th of this year. All is good!"

1972 Eileen Stucke Willis – participated in the California Senior Games in Albuquerque in 2019. She also wants to share a photo the chess set that her sons made from hand-blown glass.





1976 Laura Jackson attended Paraclete through her junior year, and then graduated from Desert Sun School in Idyllwild, CA. She remembers being Suzi Spirit [PHS mascot] in her junior year and being involved in art, theater, and yearbook. Her favorite teachers at Paraclete were Father Ernest who taught art and Mrs. Francine Bacchus (French teacher), with whom she is still a good family friend. “I had so many good friends at Paraclete. The smaller size of the student body compared to many other schools allowed you to know so many of those around you. There were so many wonderful, smart, funny, and talented people. Different ‘cliques’ and age groups all mixed together. Big shout out to all!” Laura shared. She has lived in several places including Alaska and Switzerland, but the majority of her years until very recently have been spent in the Arts District of downtown L.A. She currently resides in Texas. She has been a full-time fine arts painter for over 35 years.

Laura continued, “In 1978 at Disney’s Cal Arts College in Valencia, California, I began using the ‘pen name’ Jett Jackson on my paintings. That is the best way to track me down online and on social media. Over 750 paintings can be seen at jett.com.” To reach Jett you can email her at: jettjacksonartist@yahoo.com.



1981 Christine Ennis Jones received an impressive award in December. Here is an excerpt from the December 3, 2019 Antelope Valley Press article:

“The California Educational Technology Professionals Association named Palmdale School District Educational Technology Coordinator Christine Jones as the inaugural recipient of the Educational Technology Leader of the Year award at their 59th annual conference last month in Anaheim. The California Educational Technology Professionals Association, which just changed its name to California IT in Education, or CITE, is one of the oldest educational organizations in the state. The nonprofit organization’s members include educators who train other teachers.

“‘We do a lot of professional development with teachers,’ Jones said. ‘We work to make sure that the technology as it’s being used in the classroom is being used to its fullest capabilities. It requires a lot of training and professional development and a lot of work.’

“Palmdale School District has Promethean boards—an interactive white board—in every classroom, voice amplification in all classrooms, Chromebooks in every second through eighth-grade classroom for every student to use and iPads in every transitional kindergarten through second grade classrooms. Jones trains teachers on how to use the technology. ‘It’s not as simple as it seems,’ she said. ‘We train people how to use every part of those devices.’

“Jones has been an educator for 33 years. She served as a teacher, instructional coach, mentor, administrator, and consultant. The past 20 years of her career have been devoted to the development of educational technology, locally and throughout the state. She also stays at the forefront of research in education and is a 27-year member of Computer-Using Educators, CUE, and currently serves on the CUE-LA Board. She coordinates the AV EdTech Summit held annually for educators and leaders in the Antelope and Santa Clarita Valleys.

“‘The reality is that technology is becoming, every day, a larger and larger part of what happens in every classroom,’ Jones said. ‘Every day, there’s more and more technology in the classroom and so our goal is to ensure that teachers are using every piece of technology to its fullest capability to make informed decisions and to ensure that kids are achieving at the highest level possible.’

“Early in Jones’ teaching career, she worked with early Apple computers—the green screen type with the blinking dot that had to be programmed to use. She wrote grants and brought a lot of technology into her classroom to use with her students.

“In 2000, she went to work for the Los Angeles County Office of Education and that led her to work for the California Technology Assistance Project. The program used state and federal educational technology grants to bring more technology into the classroom.”

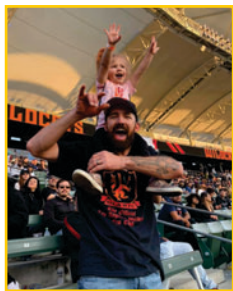
With the news of this well-deserved award, we asked Christine to share a little about her family life: “I still live in the Antelope Valley with my husband of 33 years, Paul Jones. My son, Brian (Paraclete Class of 2005), is an Engineer with the Visalia Fire Department. He is married with two children. My son, Stephen (Paraclete Class of 2009), currently works at KBAK television in Bakersfield. My daughter, Laura (Quartz Hill Class of 2015), lives in Anaheim and is part of the Disney Intern program at Disneyland. I serve as a cantor at Saint Serra Parish and I am a board member for Cedar Street Theatre, a local community theater company. We travel as much as we can, enjoying trips to the Sierras and the beautiful California beaches.”



1990 Lisa Fellers attended the 1989 Multi-year Reunion, and shared that she is a teacher for the Palmdale School District.

1994 Andy Fullerton wanted to send an update on his career change: "After 20 years of working in the social services field, and owning a supported living agency (supporting adults with developmental disabilities), I have made a career change and am now a Life, Accident, and Health Insurance Agent with Wraith Scarlett & Randolph in Woodland, CA. I help small business employers find the right health benefit plans for their employees. I am excited to take this new career path, and feel very lucky to have landed at such a well-known and supportive firm. I'd love to come back and take part in some alumni events. My mother and sister (Molly Fullerton Mansubi class of '91) still reside in Lancaster, so I try to visit them whenever I can. I was sad to hear of Andy Gavel's passing. He was my basketball coach and economics teacher and we shared some great times together! He will be missed!"

2000 Kyle Bower has always loved football beginning with his years with Paraclete Coach Hagerty and Spirits' first years of the five consecutive years of CIF Championships. Now he enjoys watching his son (Jeffrey, class of '23) playing Spirit football. But that's just not enough football for Kyle. He is the president and founder of the Official Los Angeles Wildcats Fan Club (OLAWFC—join the group via Facebook). The Wildcats are part of the XFL, a new league created "for the love of football" with teams across the U.S. playing a ten game season. Members include fellow Paraclete alumni, and the club has a great time tailgating before (and sometimes after) the games, enjoying fan camaraderie, and getting to know the team. At a recent game in Los Angeles, Kyle's daughter Klaire was called the "Fan of the Week" and appeared on the stadium video display – what a way to celebrate her third birthday!

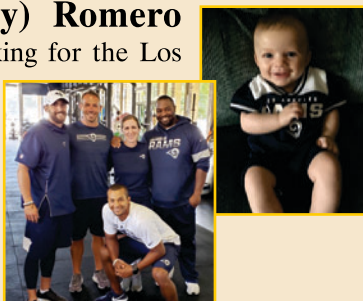


Kyle with daughter Klaire at a Wildcats game

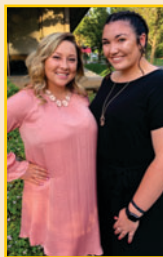


Kyle's daughter on the stadium's video display on top of Kyle and her big brother Jeffrey to her right

2007 Chelsea (Kelly) Romero completed her 3rd year working for the Los Angeles Rams at their training camp as a strength and conditioning coach. She welcomed her baby boy on June 21st, making him just four weeks old when she started camp. Go Rams!



2007 Darcy Finn and **2007 Nick Givens** tied the knot on October 26, 2019. One more couple for the Spirit Love list!



KaytLynn and Taylor all dressed up to celebrate!

2016 KaytLynn Johnson and **2016 Taylor Roberts** celebrated their Marymount California University Softball Championship this past year. Celebrating championships is nothing new for Kaytlynn and Taylor since they were instrumental teammates of Paraclete's 2015 and 2016 CIF Softball Championships.



MCU Softball Champions!

KaytLynn will graduate in May with a degree in biology and a minor in chemistry, while Taylor will graduate with a criminal justice major.

2017 Catherine Lacsamana – her mother Cathy shared that she is double majoring in psychology and sociology at UC Irvine and attributes her success in college to Paraclete.

2018 Cody Csulak – Cody's mother, Cathy Csulak, shared this great news: "Cody received the 'Northwest Conference Scholar-Athlete Award' for his final grades last year. There are nine D3 universities from Oregon and Washington that make up the conference. From those nine, all sports are included, 1155 student athletes received this award, and from his school alone there were 159. Receiving this honor, he also was awarded extra scholarship money for this year, which was a nice surprise. We are very proud of him."

Mr. and Mrs. Pete and Cathy Csulak also wanted to share their feelings on sending Cody to Paraclete: "One of the best decisions we made as parents was choosing a private education for Cody. When he first got to Paraclete freshman year in fall 2014 he told us he credited Westside Christian School for preparing him to excel in the rigorous academics at Paraclete. It wasn't easy being a high school student athlete, as there were many nights he was up till 2 AM getting homework, projects, and studying done those four years while maintaining a 4.33 GPA. We would like to thank the teachers, staff, and baseball coaches at Paraclete; they all made a big impact to help him excel as both a student and an athlete, whether it was in the classroom academically or on the baseball field, playing the game he loves. Cody ended his freshman year at Pacific University Oregon with a 3.78 GPA while being a student athlete, writing for the school newspaper, and working a part time job in the school mailroom. We sincerely thank you for being a part of his continued success."

2016 Melissa Goyette sent in an update: “Currently, I’m in my last year at Temple University in Philadelphia finishing up my degree in chemistry before I continue on to graduate school to become a physician assistant. I studied Italian and art history in Rome last year for some fun before the last difficult year. Now, I spend most of my time studying, shadowing, scribing in the ER of a children’s hospital, and biking around the city. My close friend from high school, Kailey Chan, came to visit me this past summer and we traveled to New York to see our friend and alumna Janae Thomas; it was so good to see them, just missing our Megan Fisher! I’m so grateful for the friends I made at Paraclete and that we’re still close.”

2019 Noah Mack graduated from boot camp on January 24, 2020. Thank you Noah for your service and best wishes for your success!



2018 Tyler Richardson has accepted a full athletic scholarship offer from Wagner College in New York for football. The 6-foot-3, 235-pound linebacker played two seasons at the College of the Canyons, and was a standout on the Canyons' roster with 53 total tackles and 31 solo takedowns.



2018 Hannah Marin – news we found online: As a sophomore Hannah became the third Cal State Monterey Bay student-athlete named as a California Collegiate Athletic Association (CCAA) Championship Scholar in the last seven conference championship events, highlighting the California State Monterey Bay Otters' day at the 2019 CCAA Cross Country Championship Meet at the Baywood Golf and Country Club. This Scholar Award goes to the championship participant with the highest grade point average. Hannah entered the event with a perfect 4.0 GPA.



2019 Isabella Galvan is a member of the Ballet Folklórico de California State University Fullerton (BF de CSUF), a dance team that teaches the traditional dances of Mexico. Isabella shared, “We perform on or off campus for Hispanic organizations, host dance concerts twice year, and we travel to Fresno for a conference with professional instructors that teach us dances from different regions of Mexico. BF de CSUF not only trains dancers in choreography, but also the meaning behind each step, the music, the design of the costumes, and of course where the dance originated from. We learn more about our culture and where

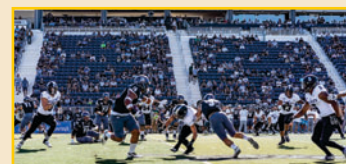
our families are from. This organization brings Hispanic students of Cal State Fullerton together and celebrates their roots through the power of dance. I'm planning to major in Public Health. I'm not entirely sure what I plan to do with it, but I do know I want to be a part of improving the world's health by preventing diseases and perhaps discovering new and improved health habits. In college, I hope to be an example to younger students. I want to prove that hard work and having faith in God will lead you to the path He created for you.”



2019 Donovan Carter's dad, Sheldon, shared on Facebook in January this fun pic and observation: “Three dudes from the Antelope Valley played youth ball together, won a state championship in high school ball together, playing college ball together, and now about to experience their first Bowl Game together!!! I couldn't be more proud of these men!!! Oh and check their numbers! Reppin' the 661 together 6+0, 1+5, 1 = 6,6,1 (totally coincidental).” [referencing the 661 area code of the Antelope Valley]



2019 Henry Ikahihifo shared some news with Advancement Director Mrs. Vicki Novelli, “I just wanted to give you an update on how I'm doing! Football at the Division I level is challenge but it's nothing I can't handle! And my classes are going well for me! And also not to mention the fact that I'm actually starting as a true freshman! It's a blessing! But I just wanted to say thank you for everything! And I'll visit sometime!”





The day Julyssa received her scholarship

2018 Julyssa Renteria emailed teacher Mr. Steven Urmanski with her exciting and impressive news: “I hope you are doing well! How are things going at Paraclete this semester? I wanted to send you an email to let you know what I've been up to here at CSUN this past year. As you may know I joined a social sorority on campus, Alpha Xi Delta. In my sorority I took on two leadership positions: Academic Achievement Director and Annual Progress Report Chair. I have enjoyed these positions so much that I will be running for the Vice President of my chapter this month! The other two clubs I have been participating in are Unified We Serve and the American Medical Student Association. Last semester, I was able to participate in a speech competition on campus, and I won first place! I also participated in the Mentorship Program which aids students through their first year. After being a mentee last year, I decided I wanted to become a mentor to help first year students excel. Apart from being a mentor, I work at another job on campus providing customer service to staff and faculty. I also got accepted to the UCLA Care Extender program which will allow me to fulfill my clinical experience for medical school. Besides extracurricular activities, for the past three semesters I have taken 15 + units, and I was able to achieve a 3.96 GPA. Due to the AP credit I received, I am now at Junior standing! Lastly, I was able to win three scholarships. I won one from the Alpha Xi Delta National Foundation and another one from the Chicano department here at CSUN. I also won the presidential scholarship which is awarded to one freshman who demonstrates leadership and scholastic achievement through their first year. This was such an incredible achievement; I was able to meet the president of CSUN and was honored at the New Student Convocation in September.

“I want to thank you for being a great role model for me and for helping me develop academic/ personal skills that are allowing me to succeed in my college journey. I hope I am able to come by soon and talk in person!”

The Paraclete Faculty and Staff are always so elated to hear from Spirit grads and learn of their accomplishments. May you all continue to be guided by the Holy Spirit, the Paraclete, and making positive contributions to society.

Reunions

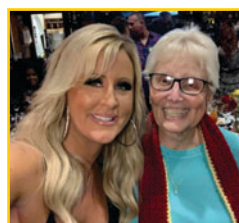
1969 Reunion – the classmates enjoyed the 2019 Homecoming Football Game wearing their “Class of '69” hats, and then celebrated the 50th anniversary of their Paraclete graduation at Fresco II the next night. It was a packed room filled with laughter, smiles, and reminiscing. Thank you to Cynthia Strack Holmes and John Titter for organizing this celebration.

Class of 1970 - Mary Kay Orlando Stuckey is a point of contact for your reunion. Email her at MKStuckey@CaliforniaWestCommunitites.com.

1979 Reunion – “Classmates enjoyed their 40th Reunion during the weekend of August 17-19, 2019. Thank you to Debbie Stevens and Anne Wilson for putting together a fun weekend! For Friday night Cathy (Resa) Fitzpatrick invited everyone to meet her, her husband, and Andre Miller (class of '81) for dinner at Gino's, and after dinner we got together at a local brewery. On Saturday, we met at Paraclete for a tour with Debbie as our guide to see the new building and other changes at the school. We all reminisced about times at our old stomping grounds. Later Saturday evening we met at the Antelope Valley Fair and enjoyed the REO Speedwagon concert. On Sunday, we met at the Yard House for lunch before saying our good-byes until the next time. We had a great turn-out of 'old friends' and it was so relaxing and fun to see everyone and the family they brought with them.” Thank you Anne for this recap!



1989 Reunion – became an all-inclusive reunion! See the Brighton Bacchus profile article in this newsletter for details.





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(for soccer news)

Upcoming Events:

Easter

Holy Week Prayer Service

Wednesday, April 8, 2020 at Paraclete

Easter

Sunday, April 12, 2020

May Crowning

Honoring the Blessed Virgin Mary in the PHS Quad

Friday, May 1, 2020

Vocation Day

Alumni: Consider sharing how God's guidance helps you with your career.

Thursday, May 7, 2020

Opportunity Raffle

Ticket drawing on Tuesday, May 12, 2020 - Good Luck!

2020 Graduation Events

Baccalaureate

Saturday, May 16, 2020 at St. Serra Church, Quartz Hill, 7 PM

Graduation

Monday, May 18, 2020 at The Hangar –
Jethawks Stadium, Lancaster, 6 PM

Day of Giving - Celebrating the Last Day of School!

Join us in giving back to Paraclete because "school's out for summer!"

Friday, May 29, 2020