

# PHSpirit

SPRING 2019



**A PUBLICATION FOR THE COMMUNITY  
OF PARACLETE HIGH SCHOOL**  
*The Catholic High School of the Antelope Valley*

# PHSpirit

SPRING 2019

**PHSpirit is published biannually by the Advancement Office at Paraclete High School for alumni and friends.**

Vicki Novelli, Advancement Director

## **Administrators:**

John Anson, Principal

Kathleen Troisi, Vice Principal

Nadine Seidel, Assistant Principal

## **Inquiries should be directed to:**

Janet Bower

*Alumni Relations*

Paraclete High School

42145 30th St. West

Lancaster, California 93536

JBower@ParacleteHS.org

(661) 943-3255 ext. 111

## **Editorial:**

Janet Bower '74

## **Designed by:**

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Colonel Dan Yaroslaski

PHS Class of 1988

(see related article)

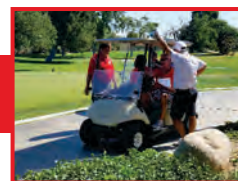
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# Paraclete High School - Home of the Spirits!

**I'd like to hear from you!**

Now in our 56<sup>th</sup> year, we are extremely proud of the many actors, artists, athletes, business owners, educators, homemakers, lawyers, military servicepersons, nurses, physicians, public servants, scholars, scientists, writers, and the multitude of other professions that are unified by a Paraclete High School education. We love to keep connected with all of you, and welcome updates from alumni as you move, change jobs, and retire! We welcome our alumni back on campus for social gatherings, business networking, and even guest speaking opportunities in the classroom or perhaps to future Spirits. Look for emails, newsletters and other mailings, Facebook, and Twitter to keep you apprised of all Spirit news. Contact me to ensure we have your email and mailing addresses up to date.

If the *spirit* moves you, consider giving back to help us with unforeseen needs, to give a Catholic education to a worthy student, or to add to an endowment fund to sustain Paraclete into the future. We appreciate your gifts of any amount. You might consider donating to a specific department or extra-curricular activity. We appreciate the gifts from all members of our Paraclete Family: alumni, parents, grandparents, friends, and local businesses.

Please know that our alumni and the rest of our Paraclete family are prayed for during our school Masses. We pray that you enjoy **LOVE** to make your memories brighter, **PEACE** to make your heart at rest, and **JOY** to make your celebrations wonderful and blessed! Take care and **SPIRIT ON!**

With spirit,

*Janet*

Janet (Godde) Bower '74  
Alumni Relations  
JBower@ParacleteHS.org or  
(661) 943-3255 ext. 111





# 6th Annual Grandparent Day

The cars lined up on 30<sup>th</sup> Street West with pleasing and pleased grandparents for our 6<sup>th</sup> annual Grandparent Day from Utah, Arizona, Colorado, New Jersey, Nevada, and all over California on a warm September Thursday. With a special Mass, brunch, and tours of the school, the grandparents and their Paraclete grandchildren relished their time together. Those grandparents who were not able to attend were remembered in prayer by the entire student body and guests, and with photos placed on a memory table. Our thanks to the many parent volunteers that gave their time and talents for this memorable day!





# History Channel Your Inner Spirit

*We would love to hear from alumni, present or past faculty and staff members, and parents with historical Paraclete tidbits, recent or long ago history. Send in your recollections to [JBower@ParacleteHS.org](mailto:JBower@ParacleteHS.org) or call (661) 943-3255 ext. 111. Photos are welcomed too!*

From a retired English teacher who wants to keep a low profile:

“After I got the email from Paraclete the other day, I wondered if anyone actually knows the history of the Alma Mater. When I started there in 1968, the school didn't have one! Early in the '70s, there was an art teacher there named Doug Fossati who decided that the school needed a song. He wrote the words and melody. It was quickly adopted and continues today! Funny story: Sister Esther Marie was mildly perturbed with 'that we may TROD the pathway home.' She lobbied to have it changed to tread, neither of which she was nuts about. She finally gave in and kept quiet. Just thought I'd share. I have SO many memories of the school. Here's another one: Sr. Esther Marie used to do hem checks. Girls would have to go to her office, kneel in the floor, and she'd measure to make sure their hem wasn't too far above their knees. I was ridiculously young when I started teaching there, and she'd make me get my hems measured, too!”

Thank you to a favorite English teacher for sharing!

## Annual Clete Classic Golf Tournament



Spirit golfers teed off at the Antelope Valley Country Club on Friday, September 7<sup>th</sup> under a high desert blue sky with heat at an A+ test score (hey it's dry heat!). Our athletics department reaped the rewards of a fun day. Many thanks to the parents, students, alumni, grandparents, friends, and sponsors who made the day a hole in one!



*'80 Alum & Golfer Fr. Doug Walker  
always supporting Paraclete!*

**T**OGETHER  
**E**VERYONE  
**A**CHIEVING  
**M**ORE





# Homecoming 2018

The SPIRITS at Homecoming 2018 rocked the A.V. College Marauder Stadium on October 19<sup>th</sup> where our football team decalwed the Whitney High School Wildcats (Rocklin, California) with a score of 49 to 28. We welcomed back alumni, including members of the Class of 2018, the 52<sup>nd</sup> class to graduate, with free gate admission. The Classes of 1968 and 1973 had the most representatives of all the graduated classes in the cheering section as it was their reunion weekend. After the game, Paraclete's Advancement Office hosted an Alumni and Friends Gathering in the St. Joseph Building to continue the reminiscing and laughter. We appreciate the guests and volunteer parents who made the evening a success. Thank you to Anheuser Busch for the donated beverages!

We look forward to Homecoming 2019, the 53<sup>rd</sup> Homecoming for our Paraclete! Come take the pathway home this fall!



1. Savannah and Sylvia Hannoun 2. Linda Hennessy Flores, Mary Hart Hughes 3. Ed Bolin 4. Susie Humm Brown 5. Kathie Abel Chapman
6. Daniel Burns 7. Anne Shureen, Anita Watchinski, Susan Turkal 8. Kaytlynn Johnson, Taylor Roberts 9. Billy Kanè 10. Don Waldron, Bob Dietzel
11. Falon Parra, Pou Latu 12. Janet Waldron Chapman 13. Mary & Bill Poulos 14. Steven Urmanski 15. Grant Gillis, David Gecy, Jim Marquardt
16. Siera Herne 17. Bill and Britt (Campana) Avrit 18. Bernadette Gilbert Sosebee 19. Jim Marquardt, Vince Burton 20. Helen O'Shea Gordon
21. Greg Bechner 22. Rodney Girard 23. Braydon & Monica (Gonzalez) Maish 24. Anne Redmond Wilson 25. Greg McElroy
26. Kyle, Jeff, Jax, Jace Bower 27. Gavin Maish, Jared Thomas, Makayla & Elisa (Bower) Maish 28. Ryan Leitner 29. Jesyka Dunn
30. Alexander and Denise Yusuff 31. Tony Cappel and wife 32. Mike & Jeanine (Slavin) Day 33. Pam Bartlett Stoerber
34. Kaitlyn and Alissa Huerta 35. Lisa Ruiz Guerrero 36. Bill Crawford 37. John Mahoney 38. Danielle Miller Peck 39. Frank Rivas
40. Ernesto Balcazar & Maya Kurian

# Come Say Hello!

It is always a pleasure to see grads come back to Paraclete! We love your visits and hearing about your successes!



From left:  
Bobby Brown '17,  
Bailey Whiteford '17,  
and Branden Smith '17



From left: Danielle Dominguez '18,  
Cristina Clark '18, Mrs. Vicki Novelli  
(Advancement Director), and  
Gabriella Reyes '17



For our teacher in-service in February, Paraclete alumnus Father Tim Klosterman, Class of 1997, came back to Paraclete with a presentation on Faith Life, specifically on creating a healing Christian community. The faculty was engaged in a Q & A session with Father Tim and a good discussion ensued. Thank you to Father Tim for his visit.

Thank you to Mrs. Tracey Hill and Mr. Al Landa for chaperoning the students to this worthy Right to Life Walk 2019 in San Francisco.



## Faculty and Staff News

- Mrs. Heaven Ruiz moved on to Learn4Life.
- Ms. Nicelle Davis said good-bye to her Paraclete family. We will miss her smile and sunny outlook!
- Mr. Mike Kelley left Paraclete to work for a private contractor at Edwards Air Force Base.
- Mr. Jeff Kelley moved with his family to Washington state.

*We wish them all well!*

## In Memorium

**1968 Frank Horton** passed away July 13, 2018, shared by class of '69 friend John Titter.

**1986 Mary Alcuran Ippolito** passed away on September 23, 2018.

**1967 John Cenkner** passed away on September 23, 2018.

**1976 Willie Ojeda** passed away on January 19, 2018, as per relative's email.

**Teacher, coach, mentor, and friend Andy Gavel** passed away on October 31, 2018.

**1994 Jeffrey Kiang** passed away on November 16, 2018.

**1969 Tomas Fresquez** passed away on October 4, 2014 [recently informed of his passing].



# ANDY GAVEL

**Teacher...Coach...Moderator...Friend**

**His passing leaves us missing him today and every day.**

*Send us your Andy Gavel stories to [JBower@ParacleteHS.org](mailto:JBower@ParacleteHS.org) or mail in to Paraclete High School.*



**By Carl Ladensack**

I am here to bring y o u ... " G o o d Memories" ... and observations of Mr. Andy Gavel. As the song lyric goes "There is good and bad in everyone." I wish to share the GOOD.

Andy began his career at Paraclete in 1982. He came along with his friend and new principal of Paraclete, Mr. Cleo Martinez. Andy would become a teacher...coach...A.S.B. Moderator...Key Club Moderator...etc. He came with his Hopes and Dreams, Beliefs, and Love of Teaching, Coaching, and Moderating.

A short list of some of his beliefs are:

God the Father, Jesus the Savior, the Paraclete...Spirit of Inspiration. The Catholic Faith, Mary's intercession for us, the power of the Rosary (this was a big one). The Dodgers and Tommy Lasorda, Ronald Reagan's Presidency, the Constitution of the United States. Voting on Election Day, Practicing Hard, and Playing with Heart. He also believed he was...as the movie *Frozen* calls out...a bit of "A Fixer-Upper." One of Andy's favorite things was giving a talk..."The Gav Talk" as we called it on the Senior Retreat. It became a regular part of any Senior Retreat. He spoke about his family, his close friends, his Hope for Heaven...He almost always began and finished with his repetition of the word HUMMINA. The meaning of this word he said...would be revealed in the talk itself. (And I will reveal it at the end of this talk). Andy hoped for: the Promise of Heaven, to



*The unveiling of the memorial in the Godde Gymnasium at Paraclete*

see his Mom, his Dad, and his old best friend again. He never lost Hope that he would one day meet that one special gal ...for his life companion. He hoped for just one more shot ...at a C.I.F. Basketball Title. He hoped to teach and inspire others. He hoped to spend many weekends at his sister's beautiful condo in Ventura. He hoped for PEACE on Earth...and to keep going...despite his physical health. One of his last hopes was to take a Baseball Tour Group around



*Andy's sister Susan with the memorial*

really “loved and respected you” you would on occasion receive an “Andy Visit.” This would last for many minutes ...consisting of stories, anecdotes, small complaints, and sharings.

A small list of his loves would be:

Again ...God, Jesus, Mary, the Holy Spirit ...the Rosary. His Mom, Dad, Sisters, old Coaching friends and stories, lots of stories ...the '88 Dodgers (Tommy). Teaching any and all history courses. All good and devoted teachers (like his Mom). The Spirit of the Paraclete Students, and the Paraclete Sports Teams, especially basketball, and college basketball and the Sweet Sixteen. Coach Wooden of U.C.L.A. fame ...the movie Hoosiers again ...and saying the word “Hummina.” Andy was a CHRISTMAS guy ...toy drives ...giving and receiving presents ...and carols. He loved his special Carol Project, where students would write history lessons inside Christmas songs. He especially loved a classroom with that “lived in look and feeling.”

the big and little cities of the U.S. Andy found hope and inspiration from movies...like *Hoosiers* with Gene Hackman. And the song “Spirit in the Sky” by Norman Greenbaum. Probably the BIGGEST part of his personality was his tremendous love of Life and People. If Andy

Andy loved to get all dressed up in a tuxedo and go to the student prom and DANCE. He had that slow Twist Style ...kind of like the gopher in the movie *Caddy Shack*. Although he was a man of belief (FAITH) and dreams (HOPE), and love, Andy was not a walking saint. He'd be the first to tell you that. He and I used to joke that our ultimate hope was to just make it to Purgatory (Because of course Heaven was next ...don't you know your Catholic Faith?). Andy was a man of Faith, Hope, and Charity who believed the parable of Jesus about the two men who went to the Temple to pray ...one a Pharisee and the other a humble repentant Tax Collector. Who went home “justified” (forgiven)? Yes, the Tax Collector. Oh, I almost forgot ...the meaning of Hummina, Hummina, Hummina...of course Andy was telling us that this means FAITH, HOPE, and LOVE. So I have flowers for his sisters...Blue for Faith ...White for Hope ...Red for Love ...and for his brother-in-law ...a cross from his desk with the prayer “Footsteps.”



As Andy would say...GOD BLESS YOU ALL ...HUMMINA, HUMMINA, HUMMINA.

*Andy passed away on October 31, 2018.  
We lost a TRUE SPIRIT who loved  
Paraclete with his whole heart.*





**Remember to select Paraclete High School as your charity of choice on Amazon Smile. Go to <https://smile.amazon.com> to begin earning for the Spirits today. If you have any questions, please contact Janet Bower at [JBower@ParacleteHS.org](mailto:JBower@ParacleteHS.org) or (661) 943-3255 ext. 111.**



## **Paraclete High School Business Partners**

**Thank you to our Business Partners for your support!  
We encourage the Paraclete Community to visit these businesses.**

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**McDonald's** Marroquin Family (661) 949-8332  
**Antelope Valley Airport Express** [www.antelopeexpress.com](http://www.antelopeexpress.com) (661) 947-2LAX *Take the A.V. Fly Away!*  
**McDonald's** Laddaran Management Corporation (661) 575-0660  
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**ALG Lawyers** – Rey Hilario – [rey@alglawyers.com](mailto:rey@alglawyers.com) or (213) 384-3300  
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**To become a Business Partner with Paraclete High School, contact Vicki Novelli at [VNovelli@ParacleteHS.org](mailto:VNovelli@ParacleteHS.org) or (661) 943-3255 ext. 128 or Janet Bower at ext. 111 or [JBower@ParacleteHS.org](mailto:JBower@ParacleteHS.org)**



## Coach Ray DeShane Memorial Scholarship Fund

Coach Ray DeShane Memorial Scholarship Fund is gaining momentum with the encouragement of the DeShane Family and Spirit athletes that were coached by Ray, including class of 1978 alumnus and football player Jon Bozigian. Currently the weight room at Paraclete is unnamed, and Jon would like to get the fund to the goal of \$25,000.00 to secure the naming rights to allow it to be known as: *The Coach Ray DeShane Weight Room*.

The fund is currently near \$9,000.00, and we are advancing this mission in an outreach to Paraclete grads, friends, coaches, relatives, and community businesses. With the Honorary Chair being Mrs. Sharon DeShane, Ray's wife, and Co-Chairmen Jon Bozigian and Brian Gorrindo (Ray's son-in-law), we welcome your gifts with your very giving spirit. If you would like to donate to this effort, please include the name "Coach Ray DeShane in the memo of your check, or in the remarks if your donation is completed via PayPal. Give online at: [www.ParacleteHS.org/Support](http://www.ParacleteHS.org/Support) or mail in your gift to Paraclete High School, 42145 30<sup>th</sup> Street West, Lancaster, CA 93536.

### *Spirit Wish List*

*What to give to? Here's some ideas!*

- 5 man football sled.
- Laptop computer for Advancement Office.
- Add to our Building Fund for future improvements to the campus.
- Give an unrestricted gift for the mission of Paraclete High School.
- Give online at: [www.ParacleteHS.org/Support](http://www.ParacleteHS.org/Support) or mail in your gift to Paraclete High School, 42145 30th Street West, Lancaster, CA 93536

**Look for your Spirit Opportunity Raffle tickets in the mail soon! The drawing takes place on Tuesday, May 14, 2018. Thank you for helping us with our mission! Good luck to you!**

**Donate here: [www.paracletehs.org/giving](http://www.paracletehs.org/giving)**

**Thank you for helping us meet our students' needs. There are two easy ways to support Paraclete:**



Donate online: [www.paracletehs.org/giving](http://www.paracletehs.org/giving) or



Mail in this form.

#### **Yes! I support Paraclete High School**

Check enclosed for gift amount of: \_\_\_\_\_

Please charge my gift of \$ \_\_\_\_\_ to my Visa MC AMEX or Discover

Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ / \_\_\_\_\_ Security Code: \_\_\_\_\_

Signature: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

☐

My employer has a Matching Gift Plan - forms enclosed.

I would like to make this gift in memory/honor or \_\_\_\_\_

#### **Contribution Levels**

\_\_\_\_\_ \$10,000

\_\_\_\_\_ \$5,000

\_\_\_\_\_ \$1,000

\_\_\_\_\_ \$500

\_\_\_\_\_ \$250

\_\_\_\_\_ \$100

\_\_\_\_\_ \$50

\_\_\_\_\_ \$25

\_\_\_\_\_ \$ Other

**Questions? Email: [vnovelli@paracletehs.org](mailto:vnovelli@paracletehs.org) Phone: 661-943-3255 x128 or x111**

# Alumni Profile ~ Dan Yaroslaski

## *A Life Discovering Purpose, Passion and Mission*

Dan Yaroslaski and his wife Sarah (Warren) both graduated from Paraclete High School in 1988. Dan did not waste any time making a difference with the United States Marine Corps, with Sarah at his side. Known as Colonel Dan Yaroslaski, he is most recently the Commanding Officer for the Assault Amphibian School in Camp Pendleton.



After high school graduation, Dan enlisted in the Marine Corps Reserve and served as an Anti-Armor Missileman, Dragon Platoon, Weapons Company, 2nd Battalion, 23d Marines, at Port Hueneme, California. He graduated from Loyola Marymount University, Los Angeles, with a Bachelor of Arts in Political Science with a Minor in Philosophy, and was commissioned as a Second Lieutenant in 1992. In the same year, he married Sarah, his high school sweetheart.

Dan has commanded at every rank; his commands include: Platoon Commander, 3d Platoon, Company C, 3d Assault Amphibian Battalion (AABn), 1<sup>st</sup> MARDIV; Commanding Officer, Headquarters and Service Company, Uniformed Services University of the Health Sciences (USUHS); Commanding Officer, Company B, 3d AABn, 1<sup>st</sup> MARDIV; Inspector-Instructor, I-I Gulfport MS, 4<sup>th</sup> AABn, 4<sup>th</sup> MARDIV; Commanding Officer, Combat Assault Battalion (CAB), 3d MARDIV; Commanding Officer, Assault Amphibian School, Marine Corps Training Command.

His significant staff assignments are many and one would need a military jargon dictionary for translations. His operational deployments include three Unit Deployment Program rotations to Okinawa Japan; Operation COOPERATION FROM THE SEA, Vladivostok, Russia; Operation IRAQI FREEDOM as a Tactical Movement Control Officer; and Operation ENDURING FREEDOM as an Embedded Transition Team with

the Afghan 1<sup>st</sup> Kandak, 2<sup>nd</sup> Brigade, 201<sup>st</sup> Corps.

Dan's education after Loyola Marymount University include the following: U.S. Army Armor Officer Advance Course, the Marine Corps Command and Staff College, the School of Advanced Warfighting and the Marine Corps War College. His academic achievements include a Masters of Military Studies, a Masters of Operational Studies and a Masters of Strategic Studies from the Marine Corps University. His publications include a co-authored chapter titled "Spirituality and Leadership in the Marine Corps" for the book *Leading with Values* published by Cambridge University Press, a co-authored chapter titled "Enacting a Culture of Ethical Leadership: Command and Control as Unifying Mind," for the book *Aspects of Leadership: Ethics, Law and Spirituality* and a chapter titled "The Advisor" for the book *Marines at War* both published by the Marine Corps University Press. He has been an adjunct faculty member in the Marine Corps College of Distance Education and Training for the Expeditionary Warfare School and Command and Staff since 2006.

His personal decorations include the Legion of Merit, Bronze Star Medal, Defense Meritorious Service Medal, Navy and Marine Corps Meritorious Service Medal, Navy and Marine Corps Commendation Medal with two Gold Stars, Joint Service Achievement Medal with Two Oak Leaf Clusters, the Navy and Marine Corps Achievement Medal and the Combat Action Ribbon with Gold Star.



*Dan on the steps at Paraclete where Sarah and he used to eat lunch*

With Dan's success throughout his military career, he shares, "Clearly the strong academic foundation I built at Paraclete helped me in my studies, and in my writing. I believe that the solid foundation in ethics I received from

teachers like Carl Ladensack, Andy Gavel, Mike



McGuire, and Sandra Acciani helped shape me into the leader I am today.” Dan appreciates his Catholic education for the faith, values, and spirituality that were instilled within him.

Quizzed about the locales he has visited Dan replied, “As for countries visited, some are nicer than others, but I have learned a lot from visiting each of them: 22 total, 4 of 7 continents... and counting - I only add a country to my list if I visited for MORE than an airport layover AND had a meaningful cultural exchange – that is - walked the streets, talked to the people, tried the food and drink: Canada, Mexico, Japan, Korea, Russia, Australia, Philippines, Indonesia, Taiwan, Vietnam, Cambodia, Thailand, India, Kuwait, Iraq, Afghanistan, Pakistan, Turkey, Italy, France, Germany, and Kyrgyzstan.”

Dan added some professional news: “I am heading back to the Pentagon in March. I will be the Chief of Staff to the Deputy Commandant for Information (the Deputy Commandant is a Lieutenant General, 3 Star, responsible for Marine Corps investments and strategy in Cyber Operations, Information Operations, Electronic Warfare, Civil Affairs, Space, Intelligence, and other information related capabilities).”



*Daughter Anna, Sarah, son Sam, and Dan*

Dan enjoys sailing when he has the opportunity. He is grateful for the family love and dedication Sarah and their children have shown. He describes a driven family: “Our son Sam is a Junior at Great Lakes

Maritime Academy studying for a BS in Maritime Systems to be a Maritime Systems Engineer on merchant ships, and our daughter Anna is a completing her Associates Degree in Math and Computer Science at Howard Community College, and will be transferring to a four year university in the fall to complete her Computer Science Degree. My wife Sarah has decided that after lots of volunteering and dedicated support to our children and our family, she is going to pursue nursing with an RN degree with designs on a career in public health planning and management.” Sarah's life has been led with a very giving and nurturing spirit. Dan continued, “She has been a Government Civilian in charge of Research Grants and Research Management at the Department of Defense Medical School, the Uniformed Services University of the Health Sciences, she has run her own photography business, taught piano lessons for years, served as President of the Okinawan Women's Welfare Association (a joint US/Japanese women's benevolent group on Okinawa), president of multiple spouse clubs, started or managed multiple non-profit Horse Rescues, managed horse barns, and of course taught both of our children when they were home schooled. She has been interested in public health and healthcare since college, but given the nature of military service she made our children's stability a priority. Now with both kids moving on with their own lives, she has the time to re-engage her desire to do even more for the community.”

Dan expects to serve at least two more years in the Marine Corps, at the Pentagon, and when he retires he hopes to remain in national security with a focus on research, either at a university or government research lab. “I have found a real passion for the use of information as capability for the U.S. Government,” Dan added. With his return to the east coast, he looks forward to catching up with Sarah, and also with work around the house. With the life that Dan and Sarah have led, simply saying thank you seems a bit insufficient, so we will add a blessing: May God continue to bless the Yaroslaski Family!

*If you have questions about a career in the Marine Corps, Dan would be honored to help you. Contact Dan via [JBower@ParacleteHS.org](mailto:JBower@ParacleteHS.org)*

[Editorial note: Thank you to '88 classmate Bill Walsh for guiding us to this profile. Bill and Dan were guest speakers at Paraclete's Vocation Day last spring.]



# Staying Connected



**1967 Don Rehmann** was sorry he missed the 50th reunion with his former classmates, but hopes to reconnect with them soon. Reach out to Don via [JBower@ParacleteHS.org](mailto:JBower@ParacleteHS.org).

**1968 Doug Paterson** married his wife Kathy in 1976; they have three daughters: Stacey, Melissa, and Patricia. He is retired after 38 years from the Antelope Valley East Kern Water Agency. He enjoys his granddaughter Madison, and grandsons Xane and Colton. Doug is a 4th Degree Knight [known as the patriotic degree] with the Knights of Columbus. Shortly after the reunion, Doug and Kathy moved to Wichita, Kansas. The Antelope Valley will miss you Doug!

**1973 Susan Turkal McDonough** spent most of her adult life in Oregon. She has two sons, one daughter, and seven wonderful grandchildren. Susan and her husband love to tour the U.S. on their motorcycle! She now calls St. George, Utah home.

**1973 Helen O'Shea Gordon** and her husband Steve just celebrated their 45<sup>th</sup> wedding anniversary. "We are blessed with three children, two of whom graduated from Paraclete, and four grandchildren, two of whom graduated from Paraclete as well," Helen shared. Hubby Steve is retired from Boeing and Helen is a realtor; they plan on living in Prescott, Arizona full time soon. Meanwhile, she supports Paraclete by volunteering with the Spirits Booster Club. Helen is very grateful and knows that "Life is good!"

**1973 Concetta Barbagallo Kincaid** has traveled to 23 countries, her teenage goal. She lived in Italy for two years, and Japan for three years. She enjoys time with her granddaughter. She is retired as an education instructional aide, but has also been a florist, librarian tech, and shoe saleswoman. Concetta's son is a probation officer, and her daughter is the Orange County Clerk Recording Department head.



**1971 Barbara Gross** retired after 42 years at Children's Hospital Los Angeles (CHLA). "Although 'retired' I have been transitioning out, and have been Director of the Heart Institute for many years; actually my involvement in the Heart Institute began 26 years ago, when we started forming it. It has been a labor of love, and most recently the Heart Institute at CHLA was ranked number 5 in the nation by US News and World Report. I have still been working part time, and do not know how long it will continue," Barbara elaborated. She now calls Las Vegas home.

Barbara added, "My relationships developed throughout school have been foremost in my life, both from Paraclete and from nursing school. My travel "buddy" is actually

**Linda (Rickert) Moffett** class of '71. We have remained friends since graduation although living on different sides of the country, and have a five week trip planned to England in April/May. We have taken many trips and hopefully will take many more." Bon voyage and thank you Barbara for your dedication to children in need!



*Barbara and Linda on a Mediterranean Cruise*

**1973 Susan "Suzi" McCalmon Clipperton** just celebrated her 46<sup>th</sup> wedding anniversary to Doug! They have four sons, one daughter, and five grandchildren. She has worked in education as a counselor and administrator, and recently opened an adult school for ESL (English as a Second Language), A & P (Airframe & Powerplant), welding, computer, and medical certificates, and diplomas in Mojave.

**1973 David Adams** celebrated his 20<sup>th</sup> anniversary of marriage last May, and enjoys his six grandchildren. He is looking forward to retirement.

**1977 Diane Rehm Jones** appeared in a special Antelope Valley Press publication dated July 22, 2018 entitled, "Women of the Antelope Valley." A friend of Diane's nominated her as a woman who makes a difference. Diane gives free haircuts every Monday for the homeless at St. Vincent de Paul, and takes clothing and shoes for people in need. Thank you Diane for all that you do...and for following the guidance of the Paraclete!

**1983 Cam Parton** filled us in... “I left Paraclete my senior year and finished at Quartz Hill High School. My mother pulled me from Paraclete for many reasons but, none more important than the fact that I was an out-of-control punk. I was a horrendous student that showed little or no respect for the faculty, staff, or myself, for that matter.

“A few years ago my cousin, Andy Roberds ('83), invited me out to the 30 year reunion game. Someone at the game told me to fill out the information form, even though I had not graduated from Paraclete. The good Lord does appear to have a sense of humor, though. I've now worked at a Catholic high school for eight years - LOL!

“Anyway, there's my full disclosure for the 'What happened to THAT guy?!?' I was lucky. I was able to turn my life around. I appreciate having had the opportunity to catch up with some of my old friends. For that, I am grateful. Not sure if you'll want to keep me on the mailing list though. Ha!”

[Editorial note: *Well, Cam, we'll do more than that...here's your news to share with alumni...there's hope for us all!*]

**1985 Anne-Marie (Wolf) Mueller** attended UC Davis for her BS in Biological Sciences, and earned a paralegal certificate at UC San Diego extension. Anne-Marie shared, “I started working in Research & Development laboratory at Quidel in San Diego, transitioned into negotiating out-licensing and collaboration contracts in academic technology transfer at The Salk Institute, and then moved into business development in industry at Invitrogen/Life Technologies and Pfizer.” She welcomes helping Paraclete grads with guidance into a similar field. [Email [JBower@ParacleteHS.org](mailto:JBower@ParacleteHS.org) if interested in offered guidance.]

**1988 Jay Hausman** sent his email to share news about his brother Gary [see update below] and also gave his life highlights: “I am married to my high school sweetheart Stacey now for 26 years (she did not go to Paraclete). I work as a Fire Captain on a rescue helicopter for San Bernardino County Fire Department stationed in the City of San Bernardino. We have a daughter in college who has miraculously recovered from a traumatic cheer accident that left her with a spinal injury causing her to be a quadriplegic. With intense physical therapy I am happy to say she is back to 95% in recovery with just minor issues. We also have a son in junior high.” Prayers to the Hausman family for a full recovery for Jay's daughter!



**1990 Gary Hausman's** brother Jay wanted to brag about his little brother. “He has taken command of The Presidio in Monterey, California as the Commandant. He has served our country since graduating from UCI, and has obtained the rank of Colonel. He is married to his high School sweetheart **Michelle (Lankford)** also from the **Class of 1990** and have two grown boys with one in college and the oldest just graduating from college. I cannot be more proud of what he does for our country and to obtain this position at one of the highest regarded posts in the U.S. Army is phenomenal!”

**1999 Jerilyn (Leyba) Callen** graduated with her Occupational Therapy Doctorate in August, and shares, “I am currently core faculty in the occupational therapy program at the University of St. Augustine in Austin, Texas. I recently began my studies to complete a PhD. in Organizational Management through Walden University. My husband, our children, and I are enjoying all that Austin and the state of Texas have to offer.”



**2000 Jason Brown** was invited by Mr. Andy Gavel to be the guest speaker at our 8<sup>th</sup> Grade Recognition Dinner which included high achieving students and their families from the greater Antelope Valley. Jason is an associate attorney in the San Francisco office of Ogletree Deakins. He primarily practices in litigation, including class action and wage and hour disputes, wrongful termination, sexual harassment and discrimination, trade secrets, and administrative law. He began his practice in 2008 in New York and New Jersey and began his practice in California in 2010. He has practiced both for plaintiffs and defendants and he is currently practicing exclusively in management side litigation defense and counseling. We appreciate Jason joining us for a special evening!



**2001 Dr. Christopher Lanski** PT, DPT reached out to Paraclete with plans to award annual cash prizes to the winners of an essay contest being offered to Paraclete High School students. Thank you Chris for keeping the Spirits dear to your heart.



**2004 Adam Calka's** mother Heidi shared news about her sons in a Christmas greeting. Adam is on the road to become a commercial pilot while teaching flight school. He's been accepted in the Cadet Program for Envoy, a regional carrier for

American Airlines. **Travis (2007)** is a Los Angeles County Firefighter. **Ryan (2009)** works with Live Nation. And lastly son **Jordan (2012)** was recruited from college to join the management team of Pappas Family Restaurants. The Calka Family sends love and prayers to the Paraclete Family.

**2005 Heidi Rocha Witte** - In November Heidi shared that she and her husband Mark welcomed their son Dillon to the family on July 3rd. Big sister Grace thoroughly enjoys entertaining her new little brother. Now clocking in at a whopping 18 pounds, Dillon is already preparing for his role as a defensive lineman for the Fighting Irish. The family resides near the University of Notre Dame, Mark and Heidi's alma mater.



**2007 Chelsea Kelly Romero** just finished her second summer working for the LOS ANGELES RAMS football team as a strength and conditioning coach for Training Camp! Despite her contract being for the Training Camp only, she still communicates with them weekly. Her dream job and goal is to be a strength and conditioning coach for the LA Rams.

Currently Chelsea works as a Strength & Conditioning Coach at UC Irvine (Men's Golf, Men's Tennis, Women's Tennis, Cross Country, and Track), at Antelope Valley College (Softball), and as a personal trainer/coach in Pasadena. On weekends she works as an assistant wedding coordinator for Tricia Dahlgren Events which she absolutely loves.

Chelsea and husband **Greg (class of 2007)** call Pasadena home and celebrated their 2<sup>nd</sup> wedding anniversary and their 12 year dating anniversary this past July.

**2007 Nicole Boardman** saw the request for career info in the latest newsletter. "I would be more than happy to discuss my career path with students interested in epidemiology and/or public health," Nicole offered. She earned her B.S. in Biochemistry from Cal Poly San Luis Obispo, and her MPH (Master in Public Health) in Epidemiology. Nicole currently works as a Public Health Analyst (Epidemiologist) doing Tuberculosis Surveillance for a federal agency. [Email JBower@ParacleteHS.org if interested in offered guidance.]

## 2008 Taylor Shirk and Michelle Loria

married in June 2018. Taylor shared "Michelle and I got married in Sorrento, Italy after 11 1/2 years of dating. Michelle graduated with her Master of Science in Nursing in December 2017 and is now a Family Nurse Practitioner. I am a Technical Recruiter for a company based out of Atlanta, GA. We live in San Diego, interestingly, in Little Italy, with our two dogs! We like Italy. :)"



Taylor and Michelle with their Paraclete family and friends.

**2009 Shelbi Howard** shared in August: "The last four months of my life have been the most fun, exciting, frustrating, mentally, emotionally, and physically exhausting months of my whole life! But I'm so happy to say, today I passed Air Traffic Controller academy in Oklahoma City. My new adventure begins now! So lucky to have gone through the journey with these guys by my side! And a big thank you to God, my momma, my best friend, my family, and my friends for keeping me going! I'm on cloud 9!" Best of luck to Shelbi!



Diane Rehm Jones '77 with daughter Shelbi Howard '09



Shelbi celebrating with her fellow air traffic control classmates



## 2009 Karianne Perpoli

became Karianne Allaria on April 28, 2018 at Ravenswood Mansion in Brentwood Tennessee. Karianne lives with her new husband, Santiago and beloved pup Titan in Nashville while pursuing a career in the music industry. You can stay up to date on her journey in music city via social

media @kariannejean or her website [www.kariannejean.com](http://www.kariannejean.com). Best of luck to you Karianne!

**2011 Shane Aviles** graduated from California State University, Long Beach through the school's Antelope Valley Engineering Program. He transferred from Antelope Valley College, and a year into CSULB's program Shane began an internship with the 771<sup>st</sup> Test Squadron at Edwards Air Force Base and received an offer for a full time position as well. Best of luck to Shane with his engineering degree.





**2011 Camille Loria's** mother Angela shared Camille's news: "Here's a picture of Camille taken at their white coat ceremony last September 2018 to officially welcome UCSF's School of Dentistry class of 2022. Camille just completed her first trimester last fall and is learning and enjoying a great deal. Apart from her academics, she continues her leadership and volunteer work holding coordinator positions for the Community Dental Clinic and the Children's Health Hut at UCSF. Camille completed her undergraduate studies with a major in Integrative Biology at UC Berkeley. She worked at Genentech in the Bay Area before she started dental school."

**2012 Ryan Davis** is attending the UCLA School of Dentistry...he is soon to be Dr. Davis!



**2017 Michael (Mikee) Loria** is now a sophomore at UC Berkeley majoring in Theater & Performing Arts Studies and intending to double major in Film. He is busy rehearsing for two productions in San Francisco: Bindlestiff Studio's *Love Edition* (performed in February) and Theatre Rhinoceros production of *Trade* showing in April. Mikee is also an active member of on-

campus theater group BareStage Productions, the only student-run musical theater group on Berkeley campus, and is passionate in trying to help Asian Americans pierce the entertainment industry. Mikee and some of his classmates are setting up an Asian American theatre company called ARC Repertory Theatre. He serves as ARC's Director of External Affairs and is helping plan for its first annual showcase. He is also a member of Kollaboration SF serving on the A/V Media team to help Asian American performers, artists, and audiences be empowered through entertainment. Thank you to Mikee's mother Angela for this great news!



**2013 Logan Lamb** is on a six month combat deployment with the U.S. Marine Corps to Kuwait. He is a Sergeant based out of Marine Corps Air Station Miramar. Thank you to Christine Lamb for sharing this news. May God keep Logan and all others who serve to protect safe.

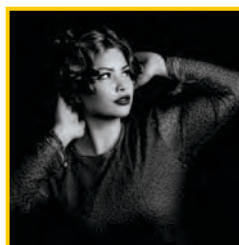
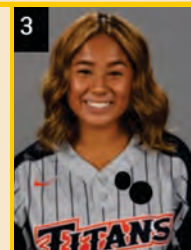
**2013 Alexis Hall** "I just wanted to reach out and let you know that I am attending University of California, Irvine School of Law! The school is ranked #21 in the nation and everything has been great so far!" Alexis shared in October. "The work is definitely challenging and time consuming; however, the professors, faculty, and staff are very supportive and do everything they can to assist the students. I am halfway through my first semester. Every time I walk up to the law school, I just feel blessed and grateful that I am even there. Nonetheless, I understand that I have a responsibility to be a cognizant, socially aware agent of change."

"Thank you to the Paraclete family for always having my back and rooting for me along the way. I cannot wait until I am in a position to name drop my alma mater in a speech or two!"

**2013 Josef Madrigal** completed his undergrad work at UCLA, receiving a BS in neuro-science, and a minor in bio-medical research. He graduated Summa Cum Laude and received department honors. He currently is attending his first year of medical school.



**2018 Jasmyn Vigilante** is one the newest member of Cal State Fullerton softball team! She was able to keep her jersey number - 3. Thank you to Jasmyn's mother Joy for this great news. Go Titans!



**2018 Aubrey Gilman's** enthusiasm is infectious! She emailed her news in October: "I'm THRIVING here at UCLA! It's our second week in and I'm already trying to get myself involved. The largest theatre company on campus, Hooligan, gave me a role in *Singin'*

*in the Rain*. I also received a position of being a special needs coach for the Special Olympics program here in Los Angeles. Besides those things, I'm also planning on getting involved in community service clubs and being a representative in other ways as well but I just wanted to keep you updated! See you at Homecoming!"



**2018 Lexie Jorgenson** sent in her news since graduation: "I just finished my first semester at Cal State Long Beach and I love it! I received the President's Scholarship back in April and became a class representative for my Presidential Scholar class! I [recently] came back to Paraclete to give a presentation about the University Honors Program as well as the President's Scholarship! I'm studying Business Marketing and hope to get into the field of Sports Marketing in the future!" Best of luck to you Lexie!

# Reunion News

*"I hate when I see an old person and then realize I went to high school with them."*

Shared with permission from Kent Graham, (@KentWGraham) 29 Oct 14, 6:42 p.m. Tweet

**The Class of 1968** held their 50<sup>th</sup> reunion on October 20, and made a full weekend of reminiscing and laughter. They attended the Homecoming Football Game on Friday night, and enjoyed their reunion at Fresco II on Saturday. On Sunday the classmates celebrated Mass in the Paraclete Chapel with campus priest Father Gasparin presiding and Ken Barnes strumming his guitar, and lunched at Vince's Pasta and Pizza to say good-bye. The success of the reunion was thanks to early planning, and a great team of organizers: Ken Barnes, Kam (Melcher) and Dan Rehm, and Jim Marquardt.



**The Class of 1973** cheered on the Spirits football team on October 19 while rekindling friendships and held their reunion on October 20 at Gino's Italian Restaurant in Lancaster. Thank you to the Class of 1973 for their generous Reunion Gift to Paraclete!

From organizer Bill Crawford: "Highlights of the evening include Tim Crow and I leading the singing of our alma mater song *Our Paraclete*, the whole group singing *Happy Birthday* to those with birthdays that weekend, and Gail (Warren) Monti [former PHS English teacher] joining us!"

Spirits attending the 1973 reunion: David Thompson, David Adams, Ed Bolen, Janet Waldron Chapman, Susan Turkal McDonough, Bill Crawford, Susan Titter McDougal, Susan Sherlock Randleman, Bob Randleman, Tim Crow, Mike Serchia, Concetta Barbagallo Kincaid, Susan Olsen Wallis, Steve Moreland, Mike Dietzel, Michael Sendelback, Lori Zietlow Custodio, Mike and Jeanine (Slavin '74) Day, Anita Watchinski Hossele, Margaret Neill, Anne Shureen, Brad Stuart, Susan McCalmon Clipperton, Helen O'Shea Gordon, Dan Parra (class of '72), Annamarie Barbagallo (class of '75), and very special guest – Mrs. Gail Monti – former Paraclete teacher.





## **The Class of 1978** held their reunion in October.

From organizer Larry Murnane: "Thank you to all those attending. We had a fantastic turn-out and a great time catching up and reminiscing. People traveled from all over, including parts unknown like Florida, Minnesota Kansas and Arizona - because they still appreciate the friendships made over 40 years ago at dear old Paraclete. And everyone still looks exactly as they did in our senior yearbook! I look forward to seeing you all again (and those who could not attend this one) at the next reunion."

From former classmate Clay (Starling) Jones: "It was such a wonderful night. You guy and girls are SO worth the effort and I'm so thankful I could go. I already miss you. I thank God I was a part of your lives and you were a part of mine. I'm sorry for so many we missed out on being with that night. We love you Larry. You made this happen. We're blessed to have you, brother."

**"It is one of the blessings of old friends  
that you can afford to be stupid with them."**

Ralph Waldo Emerson



**The Class of 1988** held their reunion in August in Redondo Beach thanks to Aimee Foster, Melinda Borjon Heinlein, and Bill Walsh.

**The Class of 1998** held their reunion on August 18th in Mission Beach, California. A big thank you to Jennifer Fontes Leiter for getting the ball rolling on this gathering!



**The Class of 2008** held their reunion on November 3<sup>rd</sup> at Lucky Strike at L.A. Live. Thank you to Taylor Shirk and company for making this happen!







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PHS news is published by Paraclete High School. Its contents are made possible by members of PHS staff, faculty, alumni students and parents. Any comments about this newsletter, or if you need to update your address information, or if you would like to submit articles, please contact: Janet (Godde) Bower [jbower@paracletehs.org](mailto:jbower@paracletehs.org)

## Upcoming Events:

### *Easter*

*Holy Week Prayer Service*

Wednesday, April 17, 2019 at Paraclete

*Easter Sunday*

Sunday, April 21, 2019

### *May Crowning*

*Honoring the Blessed Virgin Mary in the PHS Quad*

Wednesday, May 1, 2019

### *Vocation Day*

*Alumni: Consider sharing how God's guidance helps you with your career.*

Thursday, May 9, 2019 at Paraclete

### *Opportunity Raffle*

*Ticket drawing on Tuesday, May 14, 2019 - Good Luck!*

### *2019 Graduation Events*

*Baccalaureate*

Wednesday, May 22, 2019 at St. Serra Church, Quartz Hill, 7 PM

*Graduation*

Thursday, May 23, 2019 at The Hangar –


Jethawks Stadium, Lancaster, 6 PM


### *Day of Giving - LAST DAY OF SCHOOL!*

*Alumni! Join your classmates in giving back to your alma mater!*

Friday, May 31, 2019 #DayofGiving "School's Out for Summer!"

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