Informational Resource: Summer Transition Guide 6th and 7th Grade



Smart Summer Planning

Use this summer guide to prepare you for next year, for high school, college, career, and beyond. Each section–Improve Your Academic Skills, Research Colleges, and Expand Your Interests–connects you with resources available on CaliforniaColleges.edu. First, if do not have an account on CaliforniaColleges.edu, create one now by going to www.californiacolleges.edu and clicking on create an account.

Improve Your Academic Skills

SUMMER SCHOOL. Summer school is an option to make-up credits from middle school or to get ahead. Talk to your counselor to see what summer classes are required or recommended for you.

Here's a Tip! Start exploring Your Plan of Study. See what classes you will need to take to meet the requirements for high school graduation and college admission. Are you on track?

Go to <u>www.californiacolleges.edu</u> → High School Planning → Your Plan of Study

READ. Read every single day (books, magazines, graphic novels, etc.). Your public library may have a summer reading program with book suggestions and prizes.

Here's a Tip! Use the journal tool to reflect on your readings – you might use your ideas in papers later!

Go to www.californiacolleges.edu and sign in → Your Portfolio → Your Journal → Add a new journal entry

WRITE. You will need strong writing skills for high school (and college!), so practice over the summer. Write a journal or blog to reflect on the past year and the year to come. You can also write stories, poems, letters to friends or family, or even reviews of movies and books.

Here's a Tip! Fill up Your Portfolio! You will find self-reflection and goal setting prompts that you can refer to later as you meet milestones or goals in your academic or professional career.

Go to $\underline{www.californiacolleges.edu} \rightarrow Your Portfolio \rightarrow Your Profile \rightarrow How You See Yourself \rightarrow Select a section to complete$

Research Colleges

COLLEGE CAMPUS VISIT. Visit at least one local college or university; even more if you can. Contact the admissions offices of colleges you are interested in visiting to learn more about tours.

Here's a Tip! You can search on CaliforniaColleges.edu for colleges close to where you live:
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Here's a Tip! When you visit a campus, be sure to take notes about different aspects of the school. CaliforniaColleges.edu has a worksheet to help you make the most of your visit:

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MAKE A COLLEGE CORNER. Find a place at home to organize your college preparation materials. Make a folder of all of your college information, and get a calendar to keep track of important dates. You can decorate your college corner with photos or brochures of schools that interest you.

Here's a Tip! CaliforniaColleges.edu has several ways to find colleges that would be a good match for you. The School Finder is one good starting point:

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Expand Your Interests

CAREER INTEREST SURVEY. Complete a career assessment to see what careers might be a good match for you. You could be surprised (or even inspired!) by the results.

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EXPLORE CAREERS. CaliforniaColleges.edu offers several ways to explore careers you are interested in or careers you did not realize you could be interested in.

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Start exploring by browsing Career Clusters. Make sure to save Career Clusters and careers that interest you by clicking on Add to Portfolio on the left side of the cluster's or career's information page.

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VOLUNTEER. Choose a volunteer opportunity that relates to your interests, and try to do it regularly. Places to volunteer might include: a local summer camp, a food bank, an animal shelter, or the library.

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Use your CaliforniaColleges.edu account and fill up Your Portfolio! You can enter your volunteer opportunities so that you can easily reference them later when you update your resume!

Go to $\underline{www.californiacolleges.edu}$ and sign in \rightarrow Your Portfolio \rightarrow High School Planning \rightarrow in Extracurricular Activities click on Add an Activity

MEANINGFUL HOBBY. Whatever your interests are, use your summer to explore and develop meaningful hobbies.

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Informational Resource: Summer Transition Guide 8th Grade



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Get Ready for High School

HIGH SCHOOL ACADEMIC PLAN. Decide what classes you want to take in high school based on the requirements as well as your own goals and interests. Discuss your plan with a counselor before you register for ninth grade classes.

Here's a Tip! Use Your Plan of Study tool to begin planning for high school and use it to track your progress once you are in high school.

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Plan for College

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Informational Resource: Summer Transition Guide 9th Grade



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TIME MANAGEMENT. Next year you will take more advanced classes and be more involved in activities. As you get busier, you will benefit from strong time management skills. Practice smart time management now!

Here's a Tip! Learn the basics of good time management.

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Here's a Tip! Learn more about what you have to do between now and high school graduation to prepare for college. Go to www.californiacolleges.edu → High School Student → Know college academic requirements

Get Ahead with Advanced Coursework

ONLINE COURSES. If you do not have access to advanced coursework at your high school, consider taking an online AP, Honors, or college course during the summer. Taking a challenging course over the summer shows initiative and will make you more prepared for next year's classes. Your high school counselor may be able to help you find these online classes.

Here's a Tip! It is important to do your research before starting an online education program. Read more about the advantages and disadvantages on CaliforniaColleges.edu:

Go to $\underline{www.californiacolleges.edu} \rightarrow College Planning \rightarrow Prepare for College \rightarrow Getting Ready for College \rightarrow Online Education$

COLLEGE COURSE FOR ENRICHMENT. Most community colleges, and some other colleges, have programs for high school students so you can explore a subject that interests you in greater depth. Some college classes transfer for credit if you later attend college.

Here's a Tip! Read more about college courses (or early enrollment) while in high school:
Go to www.californiacolleges.edu → College Planning → Prepare for College → Early Enrollment

Here's a Tip! Keep track of your advanced coursework by adding it to Your Portfolio.

Go to $\underline{www.californiacolleges.edu}$ and sign in \rightarrow Your Portfolio \rightarrow High School Planning \rightarrow in Enrichment Courses and Workshops click on Add a course or workshop

PSAT/ACT PLAN PREP. In tenth grade, can take the PSAT and/or ACT PLAN. These are practice exams for the longer exams—SAT and ACT—that will take in junior and senior year before applying to college. A high score on the PSAT or ACT PLAN can earn you college scholarships.

Here's a Tip! Starting preparing for these exams now with free test preparation tools:

Go to $\underline{www.californiacolleges.edu} \to College Planning \to Test Prep <math>\to$ Click on the resources under Four-Year College or University Test Prep and Vocabulary Test Prep

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Here's a Tip! Get started with the School Finder and College Matching Assistant:

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Go to <u>www.californiacolleges.edu</u> and sign in → Your Portfolio → Explore Postsecondary Schools → Saved Colleges and Postsecondary Schools (if you have not saved any colleges, click on Explore Postsecondary Schools)

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Here's a Tip! Put your work, school, and life dreams together in a career plan:

Go to www.californiacolleges.edu and sign in \rightarrow Career Planning \rightarrow Explore Careers \rightarrow Career Plan Builder

CREATE A RESUME. Now is the time to begin creating your resume to highlight your experiences.

Here's a Tip! Get started with your resume (and cover letter and interviewing preparation) by using tools on CaliforniaColleges.edu:

Go to $\underline{www.californiacolleges.edu}$ and sign in \rightarrow Career Planning \rightarrow Get a Job \rightarrow Career Plan Builder \rightarrow Plan to complete the Resume Builder, Cover Letter Creator, and Job Interview Practice tools this summer.

Informational Resource: Summer Transition Guide 10th Grade



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Get Ahead with Advanced Coursework

PRE-COLLEGE CAMPUS PROGRAM. Many colleges have summer programs for high school students. These programs are usually residential (i.e., you live in the dorms), and you take classes and do other pre-college activities. Often, financial aid is available. Ask your counselor or look online to learn about programs.

Here's a Tip! Often, the best way to find a pre-college campus program is to select a college that interests you and then visit that college's website. CaliforniaColleges.edu can help you find colleges that fit your needs:

Go to <u>www.californiacolleges.edu</u> and sign in \rightarrow College Planning \rightarrow Explore Schools School Finder (remember to click on Save to Your Portfolio for any colleges you are interested in)

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CAREER INTEREST SURVEY. As you are researching colleges, think about what you would like to study. Taking a career assessment will allow you to find careers that match your interests and skills. You can find programs that lead to those careers, and about the colleges that offer those programs.

Here's a Tip! The Interest Profiler on CaliforniaColleges.edu is a great gateway to career exploration, as well as a way to deepen your college research:

 $\textbf{Go to } \underline{www.california colleges.edu} \text{ and sign in} \rightarrow \textbf{Career Planning} \rightarrow \textbf{Learn About Yourself} \rightarrow \textbf{Interest Profiler Planning} \rightarrow \textbf{Learn About Yourself} \rightarrow \textbf{Learn About$

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Here's a Tip! Get started with your by using tools on CaliforniaColleges.edu:

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WORK. Consider getting a summer job. Having work experience is a great way to prepare for college, plus you can save money for college. If you are under 18, you will most likely need a work permit from your high school office.

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Go to $\underline{www.californiacolleges.edu}$ and sign in \rightarrow Your Portfolio \rightarrow Career Planning \rightarrow Work Experience \rightarrow click on Add a work experience

INTERN. An internship is a good way to get professional experience and learn more about a career that you might want after high school. To apply for an internship, you will most likely need a resume and interview, just like for a job.

Here's a Tip! Get started with your resume (and cover letter and interviewing preparation) by using tools on CaliforniaColleges.edu:

Go to $\underline{www.californiacolleges.edu}$ and sign in \rightarrow Career Planning \rightarrow Get a Job \rightarrow Career Plan Builder \rightarrow Plan to complete the Resume Builder, Cover Letter Creator, and Job Interview Practice tools this summer.

Informational Resource: Summer Transition Guide 11th Grade



Smart Summer Planning

Use this summer guide to prepare you for next year, college, career, and beyond. Each section–Improve Your Academic Skills, Get Ahead with Advanced Coursework, Plan for College, Prepare for College Applications, Explore Your Career Options & Real Life Experiences–connects you with resources available on CaliforniaColleges.edu. First, if do not have an account on CaliforniaColleges.edu, create one now by going to www.californiacolleges.edu and clicking on **create an account**.

Improve Your Academic Skills

SUMMER SCHOOL. Summer school is an option to make-up credits or to get ahead. Talk to your counselor to see what summer classes are required or recommended for you.

Here's a Tip! Start exploring Your Plan of Study. See what classes you will need to take to meet the requirements for high school graduation and college admission. Are you on track?

Go to <u>www.californiacolleges.edu</u> → High School Planning → Your Plan of Study

READ. Read every single day (books, magazines, graphic novels, etc.). Your public library may have a summer reading program with book suggestions and prizes.

Here's a Tip! Use the journal tool to reflect on your readings – you might use your ideas in papers later!

Go to www.californiacolleges.edu and sign in → Your Portfolio → Your Journal → Add a new journal entry

WRITE. You need strong writing skills for college, so practice over the summer. Write a journal or blog to reflect on the past year and the year to come. You can also write stories, poems, letters to friends or family, or even reviews of movies and books.

Here's a Tip! Fill up Your Portfolio! You will find self-reflection and goal setting prompts that you can refer to later as you meet milestones or goals in your academic or professional career.

Go to $\underline{www.californiacolleges.edu} \rightarrow Your Portfolio \rightarrow Your Profile \rightarrow How You See Yourself \rightarrow Select a section to complete$

TIME MANAGEMENT. You will continue to take more advanced classes and become even more involved in activities. As you get busier, you will benefit from strong time management skills. Practice smart time management now!

Here's a Tip! Learn the basics of good time management.

Go to www.californiacolleges.edu → Search for "Time Management 101"

Here's a Tip! Learn more about what you have to do between now and high school graduation to prepare for college. Go to www.californiacolleges.edu → High School Student → Know college academic requirements

Get Ahead with Advanced Coursework

PRE-COLLEGE CAMPUS PROGRAM. Many colleges have summer programs for high school students. These programs are usually residential (i.e., you live in the dorms), and you take classes and do other pre-college activities. Often, financial aid is available. Ask your counselor to learn about programs.

Here's a Tip! Often, the best way to find a pre-college campus program is to select a college that interests you and then visit that college's website. Find colleges that interest you:

Go to <u>www.californiacolleges.edu</u> and sign in \rightarrow College Planning \rightarrow Explore Schools School Finder (remember to click on Save to Your Portfolio for any colleges you are interested in)

ONLINE COURSES. If you do not have access to advanced coursework at your high school, consider taking an online AP, Honors, or college course during the summer. Your high school counselor may be able to help you find these online classes.

Here's a Tip! It is important to do your research before starting an online education program. Read more about the advantages and disadvantages on CaliforniaColleges.edu:

Go to $\underline{www.californiacolleges.edu} \rightarrow College Planning \rightarrow Prepare for College \rightarrow Getting Ready for College \rightarrow Online Education$

COLLEGE COURSE FOR ENRICHMENT. Most community colleges, and some other colleges, have programs for high school students so you can explore a subject that interests you in greater depth. Some college classes transfer for credit if you later attend college.

Here's a Tip! Read more about college courses (or early enrollment) while in high school:

Go to www.californiacolleges.edu → College Planning → Prepare for College → Early Enrollment

Here's a Tip! Keep track of your advanced coursework by adding it to Your Portfolio.

Go to $\underline{www.californiacolleges.edu}$ and sign in \rightarrow Your Portfolio \rightarrow High School Planning \rightarrow in Enrichment Courses and Workshops click on Add a course or workshop

Plan for College

COLLEGE CAMPUS VISIT. Visit as many college campuses as you can. Contact the admissions offices of colleges you are interested in visiting to learn more about tours.

Here's a Tip! You can search on CaliforniaColleges.edu for colleges close to where you live:

Go to $\underline{www.californiacolleges.edu} \rightarrow College Planning \rightarrow Explore Postsecondary Schools <math>\rightarrow$ Distance Search

Here's a Tip! When you visit a campus, be sure to take notes about different aspects of the school. CaliforniaColleges.edu has a worksheet to help you make the most of your visit:

Go to www.californiacolleges.edu → College Planning → Worksheets → Career Fairs and Campus Visits

COLLEGE RESEARCH. Continue your college. Be open to colleges you have heard of and new colleges you learn about. As you find the right college for you, consider location, size, cost of attendance, programs/majors offered, and student resources. If you have friends or older relatives who went to college, talk to them for insight and advice.

Here's a Tip! The School Finder and College Matching Assistant are two good ways to start college research.

Go to www.californiacolleges.edu and sign in → College Planning → Explore Postsecondary Schools → School Finder. When you find a college you like using the School Finder, save it to Your Portfolio by clicking on Save to Your Portfolio on the left side of that college's information page.

Go to $\underline{\text{www.californiacolleges.edu}}$ and sign in \rightarrow College Planning \rightarrow Explore Postsecondary Schools \rightarrow College Match Assistant. When you find a college you like using the tool, save it to Your Portfolio by clicking on Save to Your Portfolio on the left side of that college's information page.

FINALIZE YOUR COLLEGE LIST. Make a list of all the colleges that interest you and begin to decide exactly where you want to apply so you are ready to get started as soon as applications are available.

Here's a Tip! When you search for colleges on CaliforniaColleges.edu, you can always click on Save to Your Portfolio on the left side of every college's information page. That will save the college to Your Portfolio. You can view a list of your saved colleges:

Go to $\underline{www.californiacolleges.edu}$ and sign in \rightarrow Your Portfolio \rightarrow Explore Postsecondary Schools \rightarrow Saved Colleges and Postsecondary Schools (if you have not saved any colleges, click on Explore Postsecondary Schools)

CAREER INTEREST SURVEY. As you are researching colleges, think about what you would like to study. Taking a career assessment will allow you to find careers that match your interests and skills. You can find programs that lead to those careers, and about the colleges that offer those programs.

Here's a Tip! The Interest Profiler on CaliforniaColleges.edu is a great gateway to career exploration, as well as a way to deepen your college research:

Go to <u>www.californiacolleges.edu</u> and sign in \rightarrow Career Planning \rightarrow Learn About Yourself \rightarrow Interest Profiler

OPEN A SAVINGS ACCOUNT. Now is the time to practice managing your money and saving for college. Talk with a parent or quardian to help you open a savings account.

Here's a Tip! Learn the basics of financial fitness with a crash course on CaliforniaColleges.edu, "Managing Your Money 101":

Go to <u>www.californiacolleges.edu</u> and sign in → Financial Aid Planning → Financial Fitness

Prepare for College Applications

SAT/ACT PREP. Study for the SAT or ACT during the summer, when you are not stressed about classes. There are plenty of resources to help you—check your public library for text prep books, look online for free test prep, and see if your school can recommend any tutoring programs.

Here's a Tip! Starting preparing for these exams now. Check out free test preparation:

Go to $\underline{www.californiacolleges.edu} \rightarrow College Planning \rightarrow Test Prep \rightarrow Click on the resources under Four-Year College or University Test Prep and Vocabulary Test Prep$

IDENTIFY TEACHER RECOMMENDERS. Many colleges and scholarships require you to submit letters of recommendation from high school teachers and counselors. Identify two or three teachers who have taught you in academic subjects, know you well, and can say positive things about you as a student.

Here's a Tip! It is a good idea to provide a copy of your resume that highlights your accomplishments to teachers who write your recommendations. Get started with your resume:

Go to $\underline{www.californiacolleges.edu}$ and sign in \rightarrow Career Planning \rightarrow Get a Job \rightarrow Career Plan Builder \rightarrow Resume Builder

BEGIN YOUR PERSONAL STATEMENT. Start your college essays, also known as personal statements, now! Even if you do not know the official essay question, all personal statements ask you to reflect on who you are, what you care about, and how you have grown as a person. When applications become available (usually between August 1-October 1 depending on the college), you can make small adjustments.

Here's a Tip! Learn more about the personal statement:

Go to $\underline{www.californiacolleges.edu} \rightarrow type$ "Personal Statement" in the search box \rightarrow click on Tips on Writing the UC Personal Statement

Explore Your Career Options & Real Life Experiences

EXPLORE CAREERS. Explore careers you are interested in and new ones.

Here's a Tip!

Start exploring by browsing Career Clusters. Make sure to save Career Clusters and careers that interest you by clicking on **Add to Portfolio** on the left side of the cluster's or career's information page:

Go to www.californiacolleges.edu and sign in → Career Planning → Explore Careers → browse the Career Clusters (when you find Career Clusters or Careers that interest you, click on Add to Portfolio on the left side of the Cluster's/Career's information page)

MEANINGFUL HOBBY. Whatever your interests are, use your summer to explore and develop meaningful hobbies. These hobbies can lead to careers!

Here's a Tip! Keep track of your hobbies with Your Portfolio:

Go to $\underline{www.californiacolleges.edu}$ and sign in \rightarrow Your Portfolio \rightarrow Your Profile \rightarrow Experiences and Activities \rightarrow click on Add an Activity or Add an Experience

VOLUNTEER. Choose a volunteer opportunity that relates to your interests, and try to do it regularly. Places to volunteer might include: a local summer camp, a food bank, an animal shelter, or the library.

Here's a Tip! Add volunteer work to Your Portfolio so you can add them to your resume later:

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LEARN ABOUT YOUR FUTURE CAREER. As you approach graduation, it is time to get serious about your future career. Learn more about careers that would match your interests and values, and check out what majors lead to those careers.

Here's a Tip! Save your career interests in your CaliforniaColleges.edu Portfolio!

Go to $\underline{www.californiacolleges.edu}$ and sign in \rightarrow Career Planning \rightarrow Explore Careers \rightarrow browse careers (when you find Career Clusters or Careers that interest you, click on Add to Portfolio on the left side of the Cluster's/Career's information page)

Here's a Tip! Put your work, school, and life dreams together in a career plan:
Go to www.californiacolleges.edu and sign in → Career Planning → Explore Careers → Career Plan Builder