



## Welcome to the Antelope Valley!

Paraclete High School proudly presents this fact sheet about the Antelope Valley to aid newcomers and welcome international students.

The greater Antelope Valley, with a population close to 475,000, is the land of desert beauty. The two urban hubs, Lancaster and Palmdale, boast of destinations for shopping, outdoor experiences, dining, and entertainment while keeping the pleasant small town allure. The outer communities offer options of living in a more rural setting.

We would like to offer you a sampling of the attractions and advantages of the greater Antelope Valley in a variety of areas:

### **EDUCATION:**

Antelope Valley Community College  
University of Phoenix  
California State University, Long Beach  
Chapman University  
Embry Riddle Aeronautical University  
Mission Bell Pre-School

Institute of Technology/Aero Institute  
California State University, Bakersfield  
West Coast Baptist College  
San Joaquin Valley College  
Devry University  
University of Antelope Valley  
Sacred Heart/St Mary's Grade Schools

<https://socalleadingedge.org/>

### **ENTERTAINMENT:**

Jethawks Professional Minor League Baseball  
Lancaster National Soccer Center  
Blvd Cinemas - Regency Theatres  
Antelope Valley Fair (annual event)  
Southern California Beaches nearby  
Hot Air Ballooning/Skydiving/Gliding  
Lancaster Performing Arts Center  
Numerous Parks / Free Concerts  
Fishing/Camping/Hiking  
Antelope Valley/Agua Dulce/Leona Valley/Souza Family/Triassic Legacy Wineries

Raceways  
Big 8 Softball Complex  
DryTown Water Park  
Museums, and Airparks  
Mountain/Snow Activities nearby  
Off-Roading Activities  
Antelope Valley Poppy Reserve/Festival  
Palmdale Playhouse  
The BLVD (Lancaster Downtown)  
Golfing (8 courses in the area)

[Lucky Luke/Transplants/Bravery Breweries](#)

<https://www.antelopevalley.com/outdoor.html>

## **SHOPPING:**

Antelope Valley Mall (Palmdale): Macy's, Dillard's, Sears, Forever 21, J C Penney's, Dick's Sporting Goods; Kohl's, Hobby Lobby, Costco, Sam's Club, Target, Lancaster Marketplace.

<https://www.av-mall.com/directory/>

<http://www.cityoflancasterca.org/index.aspx?page=303>

## **DINING:**

Claim Jumper   Yard House   Azteca Mexican   El Torito   Medrano's   Red Lobster  
Black Angus   BJ's   Olive Garden   Vincent Hill Station   Fresco II   Broken Bit  
Crazy Otto's   Lemon Leaf   Pour D'Vino   Katz N Jammers   Vince's Past & Pizza  
...just to name a few!

The Antelope Valley is within four hours of Las Vegas, six hours of San Francisco, three hours of San Diego, four hours of Mammoth Lakes/Ski Area, and less than an hour and a half to Santa Monica State Beach. The Valley is just 45 minutes from skiing at Mountain High in Wrightwood, and Big Bear (skiing & lake activities) is just two hours away. Enjoy the mountains of Tehachapi. Ventura County destinations are less than two hours away and Santa Barbara is just a few minutes north of Ventura.

More information on the cities of Lancaster and Palmdale can be obtained from their respective Chamber of Commerce.

<http://www.palmdalechamber.org/>   <http://www.cocgav.com/>

**Antelope Valley is the geographic center of all kinds of great activities...  
It's a great place to live!**

